

**ZILA SAINIK WELFARE OFFICES/ZILA SAINIK BOARDS**

<b>G. Sl. No</b>	<b>Sl. No.</b>	<b>Office/ District</b>	<b>Name, Designation &amp; Address</b>	<b>Telephone No.</b>
<b><u>ANDHRA PRADESH *</u></b>				
1.	1	Adilabad	Sri A. Shanker, Zilla Sainik Welfare Officer (FAC) H.No.13-309,Near Auto Stand Drivers Colony, Kailas Nagar Adilabad - 504 002	<b>08732-227063 (O)</b> <b>09849903663 (M)</b> <b>zsw_adb@yahoo.com</b>
2.	2	Anantapuram	Maj (Retd) T. Mahesh Kumar (FAC) Zilla Sainik Welfare Officer Sainik Bhavan Near Clock Tower Anantapur – 515001	<b>08554-241146 (O)/(F)</b> <b>08332980026 (M)</b> <b>zswuatp@yahoo.in</b>
3.	3	Chittoor	Maj (Retd) T Mahesh Kumar Zilla Sainik Welfare Officer (FAC) D.No.4-479,C.B. Road, Greampet Chittoor – 517 002	<b>08572-228682 (O)/(F)</b> <b>08332980026 (M)</b> <b>zswoctr@gmail.com</b>
4.	4	East Godavari @ Kakinada	Sri A.V. Ramana Murty (FAC) Zilla Sainik Welfare Officer Sainik Bhavan, Treasury Compound Kakinada – 533 001 East Godavari District	<b>0884-2375308 (O)/(F)</b> <b>09441463029 (M)</b> <b>zswokkd@yahoo.in</b>
5.	5	Guntur	Sri G.Satyanandam (FAC) Zilla Sainik Welfare Officer Sainik Bhavan Opp Hindu College Guntur – 522 001	<b>0863-2225853 (O)/(F)</b> <b>09441638708 (M)</b> <b>zswognt@yahoo.co.in</b>
6.	6	Hyderabad	Ex-Lt (IN) K.Praveen Kumar Zilla Sainik Welfare Officer H.No.6-1-285/2, 1 <sup>st</sup> Flr, Back side of Gharonda Super Market, Padmaraonagar Secunderabad -500025 Hyderabad District	<b>040-27503132 (O)/(F)</b> <b>09440866059 (M)</b> <b>zswohyd1@yahoo.com</b>

7.	7	Kadapa	S.Basha Mohiddin Zilla Sainik Welfare Officer Sainik Bhavan Opp APS RTC Bus-stand Kadapa – 516 002	<b>08562-244558 (O)/(F)</b> <b>09866317304 (M)</b> <b>kdp.zswo@yahoo.com</b>
8.	8	Karimnagar	Sri K. Krishna Reddy Zilla Sainik Welfare Officer (FAC) Sainik Bhavan Opp Revenue Club Karimnagar – 505 001	<b>0878-2240622 (O)/(F)</b> <b>09849904353 (M)</b> <b>zswoknr@yahoo.com</b>
9.	9	Khammam	Sri P R Sastry (Deputation) Zilla Sainik Welfare Officer H.No:11-10-762/6 Raparathi Nagar By-pass Road Near Registrar Office Khammam - 507 102	<b>08742-234888 (O)/(F)</b> <b>08008285566 (M)</b> <b><a href="mailto:zswokmm87@gmail.com">zswokmm87@gmail.com</a></b>
10.	10	Krishna @ Vijayawada	Sri G. Satyanandam Zilla Sainik Welfare Officer (FAC) Indira Gandhi Municipal Complex Labbipet Vijayawada – 520010	<b>0866-2473330 (O)/(F)</b> <b>09441638708 (M)</b> <b>zswovja@yahoo.in</b>
11.	11	Kurnool	Sri G. Rachaiah (Deputation) Zilla Sainik Welfare Officer (FAC) Sainik Bhavan, B- Camp Kurnool – 518 002	<b>08518-229445 (O)/(F)</b> <b>09494510499 (M)</b> <b>zswoknl@yahoo.in</b>
12.	12	Mahabubnagar	Ex-Fit Lt (Dr) M Sri Balaji Zilla Sainik Welfare Officer H. No. 5-1-241, 1 <sup>st</sup> Floor, Beside Income Tax Office DEO Officer Road Mahabubnagar- 509 001	<b>08542-223468 (O)/(F)</b> <b>09989403636 (M)</b> <b>zswomhb@yahoo.in</b>
13.	13	Medak - Sangareddy	Sri M Narendra Reddy Zilla Sainik Welfare Officer Integrated Collectorate Complex,2 <sup>nd</sup> Floor, North West Block, Sangareddy - 502 001 Medak District	<b>08455-276734 (O)/(F)</b> <b>09966170084 (M)</b> <b>zswomdk@ymail.com</b>

14.	14	Nalgonda	N Sreenesh Kumar Zilla Sainik Welfare Officer (FAC) H.No:6-4-165 (New) Opp Nagarjuna Degree College, Ramgiri 'X' Rd Nalgonda - 508 001	<b>08682-224820 (O)/(F)</b> <b>09440039383 (M)</b> <b>zswonlg@yahoo.in</b>
15.	15	SPS Nellore	Shri Dr. V.Koteswara Rao Zilla Sainik Welfare Officer Sainik Bhavan, Kondayapalem Gate, Centre Dargamitta, SPSR Nellore – 524 004	<b>0861-2328419 (O)/(F)</b> <b>09849906012 (M)</b> <b>zswonlr@yahoo.co.in</b>
16.	16	Nizamabad	Sri P. Venkatesham(FAC) Zilla Sainik Welfare Officer H.No.6-2-200/83-C Subhash Nagar Nizamabad - 503 002	<b>08462-238509 (O)/(F)</b> <b>09666617999 (M)</b> <b>zswonzb@yahoo.com</b>
17.	17	Prakasam – Ongole	Dr. B. Ravi (FAC) Zilla Sainik Welfare Officer 8 <sup>th</sup> Portion,Ground Floor Old RIM Hospital Bhavan Opp: Collector Office Ongole- 523 001	<b>08592-233086 (O)/(F)</b> <b>09849909076 (M)</b> <b>zswooogl@yahoo.in</b>
18.	18	Ranga Reddy	Sri N Sreenesh Kumar Zilla Sainik Welfare Office 2nd Floor, East Wing, Plot No. 10, Suryanagar Colony, Somajiguda R.R. District Hyderabad - 500 004	<b>040-23392232 (O)/(F)</b> <b>09440039383 (M)</b> <b>zsworr@yahoo.co.in</b>
19.	19	Srikakulam	Sri V.V Raja Rao (FAC) Zilla Sainik Welfare Officer Pedda Relli Veedhi Near St. Joseph School Srikakulam - 532 001	<b>08942-227688 (O)/(F)</b> <b>09247866059 (M)</b> <b>zswosklm@yahoo.com</b>
20.	20	Visakhapatna m	Ex-Capt (Dr) P Satya Prasad Zilla Sainik Welfare Officer Sainik Bhavan, Maharani pet Visakhapatnam (Pin - 530 002)	<b>0891-2706511 (O)/(F)</b> <b>09848190308 (M)</b> <b>zswovsp@yahoo.com</b>
21.	21	Vizianagara m	Sri V.V Raja Rao Zilla Sainik Welfare Officer	<b>08922-274743 (O)/(F)</b> <b>09247866059 (M)</b>

			Sainik Bhavan Cantonment Post Vizianagaram (Pin – 531 202)	<b>zswovzm@yahoo.in</b>
22.	22	Warangal	Smt T Vanaja Zilla Sainik Welfare Officer Sainik Bhavan Kanaka Durga Colony Waddepally Warangal - 506 370	<b>0870-2456018 (O)/(F)</b> <b>09908056298 (M)</b> <b>zswowgl@yahoo.com</b>
23.	23	West Godavari @ Eluru	Sri AV Ramana Murty Zilla Sainik Welfare Officer D.No.12-60 State Bank Colony St. Xavier Nagar Eluru - 534 002	<b>08812-253687 (O)/(F)</b> <b>09441463029 (M)</b> <b>zswow_g@yahoo.com</b>
<b>ASSAM *</b>				
24.	1.	Cachar	Hony Capt (Retd) KBL Singha Zila Sainik Welfare Officer Zila Sainik Welfare Officer Park Road Silchar PO.& Dist-Silchar Pin – 788001	<b>03842-231115 (O)</b> <b>09678084431 (M)</b> <b>zsbccachar@gmail.com</b>
25.	2.	Dibrugarh	Col (Retd) P.K.Deori Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO/Dist - Dibrugarh – 786 003	<b>0373-2310083 (O)</b> <b>09864045385 (M)</b> <b>zsbdbibrugarh@gmail.com</b>
26.	3.	Dhubri	Hony Capt (Retd) Prem Kumar Brahma Zila Sainik Welfare Officer Zila Sainik Welfare Office In Front of DC Office PO Dhubri - 783301	<b>03662-232662 (O)</b> <b>09435322419 (M)</b>
27.	4.	Jorhat	Col (Retd) Mukti Nath Nath Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex Distt Jorhat - 785 001	<b>0373- 2309317 (O)</b> <b>9859924839 (M)</b> <b>zsbjorhat@gmail.com</b>
28.	5.	Kamrup	Cdr (Retd) U.C.Barman The Welfare Office Zila Sainik Welfare Office Kamrup, Guwahati – 01 C/oOffice of the Deputy	<b>0361-2733147(O)</b> <b>08876591173 (M)</b> <b>zsbkamrup@gmail.com</b>

			Commissioner, Kamrup (Metro), Guwahati - 781 001	
29.	6.	Kokrajahar	Col (Retd) Shiben Ch. Roy Zila Sainik Welfare Officer Zila Sainik Welfare Office RNB Road (Near Head Post Office) Kokrajahar - 783 370	<b>03661- 218239 (O)</b> <b>09859930418 (M)</b> <b>zsbkokrajhar@gmail.com</b>
30.	7.	Karbi Anglong	Vacant Zila Sainik Welfare Officer Zila Sainik Welfare Office Karbi Anglong PO Diphu - 782 460	<b>03671-274981 (O)</b> <b>zsbkarbianglong@gmail.com</b>
31.	8.	Lakhimpur	Hony Capt (Retd) NS Baruah Zila Sainik Welfare Officer, Zila Sainik Welfare Office North Lakhimpur - 787 001	<b>03752-242228 (O)</b> <b>07896651611 (M)</b> <b>zslakhimpur@gmail.com</b>
32.	9.	Nagaon	Col (Retd) D.K. Duarah Zila Sainik Welfare Officer Zila Sainik Welfare Office P.O.Nagaon - 782 001	<b>03672-233665 (O)</b> <b>09577627893 (M)</b> <b>zsbnagaon@gmail.com</b>
33.	10.	Sonitpur	Hony Capt (Retd) Lohit Chandra Bhuyan Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Sonitpur PO Tezpur - 784 001	<b>03712-233977 (O)</b> <b>09678071381 (M)</b> <b>zsbsonitpur@gmail.com</b>
34.	11.	Barpeta	Col (Retd) Dharani Dhar Sarma Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex Dist Barpeta- 781 301	<b>03665- 252193 (O)</b> <b>08876588611 (M)</b> <b>zsbbarpeta@gmail.com</b>
35.	12.	Goalpara	Hony Capt (Retd) Phulen Ch Ray Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Goalpara – 783 101	<b>03663-240223 (O)</b> <b>08011331517 (M)</b> <b>zsbgoalpara@gmail.com</b>
36.	13.	Darrang	Hony Capt (Retd) Dimbeswar Das	<b>03713-225899 (O)</b> <b>09957415979 (M)</b>

			Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO- Mangaldai Dist Darrang Pin-784 152	<b>zsbdarrang@gmail.com</b>
37.	14.	Karimganj	Hony Capt (Retd) JR Sinha Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Karimganj Pin- 788710	<b>03843-260248 (O)</b> <b>09954990330 (M)</b> <b>zsbkarimganj@gmail.com</b>
<b><u>BIHAR</u></b>				
38.	1.	Bhojpur	Col (Retd) Shri Pramod Kumar Zila Sainik Kalyan Karyalaya, Kutchehri Road Arrah-802301	<b>06182-222866 (O)</b> <b>09534739779 (M)</b> <b><u>Patpondy2005@yahoo.com</u></b>
39.	2.	Bhagalpur	Sri Lalan Kumar Singh Sr. Dy Collector cum Zila Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Tilaka Manjhi Bhagalpur - 812 001	<b>0641-2400821 (O)</b> <b>09431095882 (M)</b> <b>zskofficebhagalpur@gmail.com</b>
40.	3.	Chhapra	Shri BN Jha Sr Dy Collector cum Zila Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, New Bus Stand, Chapra- 841301	<b>06152-236714 (O)</b> <b>09471205152 (M)</b> <b>zskofficechhapra@gmail.com</b>
41.	4.	Darbhangha	Smt Sudha Gupta Sr Dy Collector cum Zila Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, Polo Ground Darbhanga – 846001	<b>06272-243728 (O)</b> <b>09431331907 (M)</b> <b>zskofficedarbhangha@gmail.com</b>
42.	5.	Gaya	Md. Naushad Ahmad NDC Dy Collector cum Zila Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Gaya – 823001	<b>0631-2421708 (O)</b> <b>09801377086 (M)</b> <b>zskofficegaya@gmail.com</b>
43.	6.	Motihari	Shri Dharmendra Kumar Sr. Deputy Collector cum Zila Sainik Kalyan Padadhikari	<b>06252-238278 (O)</b> <b>09934914639 (M)</b> <b>zskofficemotihari@gmail.com</b>

			Zila Sainik Kalyan Karyalaya Motihari	
44.	7.	Munger	Shri Birendra Kumar Sr. Deputy Collector cum Zila Sainik Kalyan Zila Sainik Kalyan Karyalaya Munger	<b>06344-227345 (O)</b> <b>09852041680 (M)</b> <b>zskofficemunger@gmail.com</b>
45.	8.	Muzaffarpur	Shri Arjun Pratap Chandra D.C.L.R. (Muz East) Zila Sainik Kalyan Karyalaya Muzaffarpur	<b>0621-2215373 (O)</b> <b>09507402956 (M)</b> <b>zskofficemuzaffarpur@gmail.com</b>
46.	9.	Patna	Col (Retd) Shri Pramod Kumar (Addl Charge) Sainik Kalyan Nideshalaya cum Zila Sainik Kalyan Padadhikari Patna	<b>0612-2201026 (O)</b> <b>09534739779 (M)</b> <b>zskofficepatna@gmail.com</b>
<b>CHHATTISGARH *</b>				
47.	1.	Bilaspur	Gp Capt (Retd) AK Pathak Distt Sainik Welfare Officer Near Collectorate Parisar Bilaspur - 495 004 (CG)	<b>07752-422121 (O)</b> <b>07752-422121 (F)</b> <b>09981199618 (M)</b> <b>zsk.bsp.cg@gmail.com</b>
48.	2.	Durg	Col (Retd) R K Soni Distt Sainik Welfare Officer Raipur Naka, Near BSNL Tower, Durg - 491 001 (CG)	<b>0788-2329939 (O)</b> <b>0788-2329939 (F)</b> <b>08305343232 (M)</b> <a href="mailto:dswodurg@yahoo.com">dswodurg@yahoo.com</a>
49.	3.	Jagdalpur	Gp Capt (Retd) S K Das District Sainik Welfare Officer Surbhi Kunj, Near Balram Press, Balaji Ward, Jagdalpur, Bastar- 494001(CG)	<b>07782-231347 (O)</b> <b>07782-231347 (F)</b> <b>09650220617 (M)</b> <a href="mailto:dswoidp@gmail.com">dswoidp@gmail.com</a>
50.	4.	Raipur	Cdr(Retd) Shailendra Kumar Distt Sainik Welfare Officer Near Collectorate Behind Home Guard Office Raipur - 492 001 (CG)	<b>0771-2427449 (O)</b> <b>0771-2427449 (F)</b> <b>09039021817 (M)</b> <a href="mailto:dswodraipur@gmail.com">dswodraipur@gmail.com</a>
51.	5.	Rajnandgaon	Wg Cdr (Retd) A Srinivas Rao Distt Sainik Welfare Officer Near Old PWD Rest House Rajnandgaon - 491 441 (CG)	<b>07744-226862 (O)</b> <b>07744-226862 (F)</b> <b>08129994545 (M)</b> <a href="mailto:dsworjn.cg@nic.in">dsworjn.cg@nic.in</a>

52.	6.	Jashpur	Gp Capt (Retd) DN Panda District Sainik Welfare Officer District Sainik Welfare Officer Cheer Bagicha, Jashpur (CG) Pin – 496 331	<b>07763-220954 (O)</b> <b>07763-220954 (F)</b> <b>08962847928 (M)</b> <b><u><a href="mailto:dswojsp@gmail.com">dswojsp@gmail.com</a></u></b>
53.	7.	Ambikapur (Sarguja)	Vacant (Offg Dy Collector) District Sainik Welfare Officer Collectorate Campus Ambikapur, Surguja (CG) Pin Code- 497 001	<b>07774-221721 (O)</b> <b>07774-221721 (F)</b> <b>08959508590 (M)</b> <b><u><a href="mailto:zsb.ambikapur@gmail.com">zsb.ambikapur@gmail.com</a></u></b>
54.	8.	Baikuntpur (Koria)	Vacant (Offg Dy Collector) District Sainik Welfare Officer Odgi Naka, Near Petrol Pump Baikuntpur, Koria (CG) Pin Code – 497 335	<b>07836-233586 (O)</b> <b>07836-233586 (F)</b> <b><u><a href="mailto:dswobkpur@gmail.com">dswobkpur@gmail.com</a></u></b>
55.	9.	Kanker	Vacant (Offg Dy Collector) District Sainik Welfare Office Shitlapara Road, R.E.S. Colony Kanker (CG) - 494334	<b>07868-200021 (O)</b>
56.	10.	Raigarh	Vacant (Offg Dy Collector) District Sainik Welfare Officer Boirdadar, Vinobanagar Raigarh Pin Code - 496001	<b>07762- 215766</b>
<b><u>GUJARAT</u></b>				
57.	1.	Ahmedabad	Maj (Retd) Vikramsinh Jadeja District Sainik Welfare and Resettlement Office, Behind Thaltej TV Tower, Near Drivein Cinema Thaltej, Ahmedabad -380054	<b>079-2463820 (O)</b> <b>079-26851382 (F)</b> <b><u><a href="mailto:zsb_abd@rediffmail.com">zsb_abd@rediffmail.com</a></u></b>
58.	2.	Vadodara	Lt Col (Retd) Virendra Singh Chudasama District Sainik Welfare and Resettlement Office, Military Boys Hostel, Chhani Road Vadodara- 390002	<b>0265-2772666 (O)</b> <b>0265-2772666 (F)</b> <b><u><a href="mailto:zsb_vad@rediffmail.com">zsb_vad@rediffmail.com</a></u></b>
59.	3.	Jamnagar	Maj (Retd) Mahipat Gadhavi (Addl Charge) District Sainik Welfare and Resettlement Office,	<b>0288-2558311(O)</b> <b>0283-2558311(F)</b> <b><u><a href="mailto:zsb_jamnagar09@rediffmail.com">zsb_jamnagar09@rediffmail.com</a></u></b>



			Lal Bungalow Sankul Jamnagar-361001	
60.	4.	Surat	Maj (Retd) JPS Jadeja District Sainik Welfare and Resettlement Office, MS Building, A Block, 1 <sup>st</sup> Floor, Nanpura, Surat-395001	<b>0281-2476825 (O)</b> <b>0261-2463820 (F)</b> <b>zsb_srt@rediffmail.com</b>
61.	5.	Rajkot	Maj (Retd) Mahipat Gadhavi District Sainik Welfare and Resettlement Office Ex-Servicemen Rest House Near RUDA Office Rajkot-360001	<b>079-26857382(O)</b> <b>0281-2476825 (F)</b> <b>zsb_rjt@rediffmail.com</b>
62.	6.	Sabarkantha (Himatnagar)	Gp Capt (Retd)MM Patal District Sainik Welfare and Resettlement Office MS Buildings, Jilla Seva Sadan `C' Block, 1 <sup>st</sup> floor, Himatnagar (Sabarkantha)	<b>02772-246630 (O)</b> <b>02772-246620 (F)</b> <b>zsb_sk@rediffmail.com.com</b>
63.	7.	Kutchh	Sri KP Pandya (Addl Charge) District Sainik Welfare and Resettlement Office, 114, Seva Sadan, Bhuj – 370001 Dist – Kutchh – Bhuj	<b><u>zsb_ktc@rediffmail.com</u></b>
64.	8.	Mahesana	Lt Col (Retd) Krishnadeep singh District Sainik Welfare and Resettlement Office, Block No.-2, 3 <sup>rd</sup> Floor, jilla Seva Sadan Raj Mahel Road Mahesana - 384001	<b>02762- 220235 (O)</b> <b>02762 – 220235 (F)</b> <b>zsb_meh@rediffmail.com</b>
<b><u>HARYANA</u></b>				
65.	1.	Ambala	Maj (Retd) Jai Singh Phogat Secretary Zila Sainik Board Mall Road (Sainik Road House) Ambala Cantt - 133001 Distt. Ambala (Haryana)	<b>0171-2530557 (O)</b> <b>0171-2640557 (F)</b> <b>zsbambcantt@gmail.com</b>
66.	2.	Bhiwani	Lt Col(Retd)Aman Singh	<b>01664-243538 (O)</b>

			Yadav Secretary, Zila Sainik Board Railway Road Bhiwani - 125 021	<a href="mailto:zsbwbn@gmail.com">zsbwbn@gmail.com</a>
67.	3.	Faridabad	Col (Retd) Chandra Kant Roy Secretary, Zila Sainik Board Sector -16, Faridabad – 121001	<b>0129-2287304 (O)</b> <a href="mailto:zsbwbn@gmail.com">zsbwbn@gmail.com</a>
68.	4.	Fatehabad	Lt Col (Retd) Sarita Yadav Secretary, Zila Sainik Board 24-A, Industrial Area Fatehabad (Haryana)	<b>01667-224219 (O)</b> <a href="mailto:zsbfatehabad@rediffmail.com">zsbfatehabad@rediffmail.com</a>
69.	5.	Gurgaon	Lt Col (Retd) Surender Kaajla Secretary Zila Sainik Board Opp Apna Bazar, Civil Lines, Gurgaon - 122001	<b>0124-2320730 (O)</b> <b>zsb ggn @g mail.com</b> <b>secretarysainikboardgurgaon</b> <b>@rediffmail.com</b>
70.	6.	Hisar	Col (Retd) V K Goindi Secretary, Zila Sainik Board, Sainik Rest House, Near Old Court Road, Hissar (Haryana)	<b>01662-272901 (O)</b> <a href="mailto:zsb.hisar@rediffmail.com">zsb.hisar@rediffmail.com</a>
71.	7.	Jhajjar	Wg Cdr (Retd) KK Yadav Secretary Zila Sainik Board, Priya Colony, Near Distt Social Welfare office Jhajjar (Haryana) - 124103	<b>01251-254236 (O)</b> <a href="mailto:secy.zsbjir@yahoo.com">secy.zsbjir@yahoo.com</a>
72.	8.	Jind	Maj (Retd) Balwinder Singh Zila Sainik Board Sainik Rest House Jind – 126102	<b>01681-245254 (O)</b> <a href="mailto:zsbjind@yahoo.com">zsbjind@yahoo.com</a>
73.	9.	Kaithal	Maj (Retd) Balwinder Singh (Addl Charge) Secretary, Zila Sainik Board Bldg No.761/13, Amargarh Gamri, Opp Gali No. 3 Kaithal - 132 027	<b>01746-223731 (O)</b> <a href="mailto:secretaryzsbkaithal@gmail.com">secretaryzsbkaithal@gmail.com</a>
74.	10.	Karnal	Col(Retd) Ravinder Singh Secretary, Zila Sainik Board Near Distt Session Court GT Road, Karnal – 132801	<b>0184-2272589 (O)</b> <a href="mailto:secretaryzsbknl@yahoo.in">secretaryzsbknl@yahoo.in</a>

75.	11.	Kurukshetra	Col (Retd) VK Goindi Secretary, Zila Sainik Board Shopping Complex Sainik Rest House, Sector-13, Urban State, Kurukshetra – 132118	<b>01744-220922 (O)</b> <b>zsbkk@gmail.com</b>
76.	12.	Narnaul	Maj (Retd) Vidyanand Secretary, Zila Sainik Board Sainik Rest House Narnaul - 123001	<b>01282-250259 (O)</b> <b>zsb_nnl@yahoo.com</b>
77.	13.	Panchkula	Lt Col (Retd) Naresh Secretary, Zila sainik Board SCO No.101, First Floor Sector -11 Panchkula -134 017( Haryana)	<b>0172-584213 (O)</b> <b>secretaryzsbpkl@yahoo.in</b>
78.	14.	Panipat	Maj (Retd) DPS Budhwar (Additional Charge) Secretary, Zila Sainik Board Kothi No.118, Adarsh Nagar [(Near Post Office, CSD (I) Canteen], Panipat - 132 103	<b>01742-650311 (O)</b> <b>zsbnp@gmail.com</b>
79.	15.	Rewari	Maj (Retd) Pratap Singh Secretary, Zila Sainik Board Rewari - 123 401	<b>01274-224341 (O)</b> <b>secretaryzsbwr.zsb28@gmail.com</b>
80.	16.	Rohtak	Capt (Retd) VS Narwal Secretary, Zila Sainik Board Civil Lines, Opp Chhotu Ram Park, Rohtak -124001	<b>01262-242687 (O)</b> <b>zsbrohtal@rediffmail.com</b>
81.	17.	Sirsa	Lt Col (Retd) Sarita Yadav (Additional Charge) Secretary, Zila Sainik Board Mini Secretariat Complex Sirsa - 125055	<b>01666-247339 (O)</b> <b>zsbdrs@gmail.com</b>
82.	18.	Sonepat	Maj (Retd) DPS Budhwar Secretary, Zila Sainik Board Gohana Road, Near New Police Lines Sonepet - 131001	<b>0130-2242659 (O)</b> <b>zsb_spt@gmail.com</b>
83.	19.	Yamuna Nagar	Col (Retd) S Virender Mohan Secretary, Zila Sainik Board, Yamuna Nagar Housing Board Colony, Sector – 18, HUDA Jagadhri,	<b>01732-211892 (O)/(F)</b> <b>secryzsbynr@rediffmail.com</b>

			Yamuna Nagar-135001	
84.	20.	Palwal	Maj (Retd) RK Sharma Secretary, Zila Sainik Board, 4, Civil Lines, Near Hero Honda Agency, Hodal Road, Palwal, Haryana - 121 102	01275-202509 (O)
<b><u>HIMACHAL PRADESH</u></b>				
85.	1.	Bilaspur	Addl Chg to Deputy Commissioner, Bilaspur (Addl Charge) Deputy Director Zila Sainik Welfare Office Bilaspur - 174 029 (H.P)	01978-222343 (O) 01978-266550 (R) 01978-223065 (F) blphp@yahoo.com
86.	2.	Chamba	AC to DC, Chamba (Addl Charge) Deputy Director Zila Sainik Welfare Office Chamba – 176314	01899-222357 (O) dswochamba@gmail.com
87.	3.	Hamirpur	AC to DC, HamirPur (Addl Charge) Deputy Director Zila Sainik Welfare Office Hamirpur - 177 001 (H.P)	01972-222334 (O) sainikwelfarehamirpur@gmail. com
88.	4.	Kangra - Dharmashal a	Sqn Ldr (Retd)Manoj Rana Dy Director Zila Sainik Welfare Office Kangra at Dharamshala-176215	01892-223279 (O) deputydirectorswkangra@gm ail.com
89.	5.	Kullu	AC to DC, Kullu(Addl Charge) (Addl Charge) Deputy Director Zila Sainik Welfare Office Kullu - 175101 (HP)	01902-222272 (O) dd_zswo_kul_hp@nic.in
90.	6.	Mandi	AC to DC, Mandi (Addl Charge) Deputy Director Zila Sainik Welfare Office Vijay Palace Colony Mandi (HP) – 175001	01905-222120 (O) ddrzswo@gmail.com
91.	7.	Shimla + Kinnaur	AC to DC, Shimla (Addl Charge) Deputy Director Zila Sainik Welfare Office Longwood, Shimla – 171001 (HP)	0177-2658586 (O) ddsw.sml.knr@gmail.com

92.	8.	Sirmour at Nahan	AC to DC Nahan(Addl Charge) Dy Director Zila Sainik Welfare Office Sirmour At Nahan - 173001	<b>01702-222551 (O)</b> <b>sainikwel.sir.hp@nic.in</b>
93.	9.	Solan	AC to DC, Solan(Addl Charge) Deputy Director ZilaSainik Welfare Office The Mall, Solan (HP) – 173212	<b>01792-223764 (O)</b> <b>sainik-sol-hp@nic.in</b>
94.	10.	Una	Major (Retd) Raghbir Singh Deputy Director Zila Sainik Welfare Deptt Una (HP) – 174303	<b>01975-226090 (O)</b> <b>ddzswouna@gmail.com</b>
<b>JAMMU &amp; KASHMIR *</b>				
95.	1.	Baramulla, Bandipora, Kupwara	Lt Col (Retd) NU Sheikh Zila Sainik Welfare Officer Premises of DC Office Near Bus Stand Baramulla - 193 101 (J & K)	<b>0195-238539 (O)</b> <b>09596162493 (M)</b> <b><u>zilasainikboardbaramulla@gm</u></b> <b><u>ail.com</u></b>
96.	2.	Doda, Ramban, Kishtwar	Maj (Retd) SL Khajuria Zila Sainik Welfare Officer Near PWD Dak Bangalow Doda – 182 202 (J & K)	<b>01996-233553 (O)</b> <b>01996-233553 (F)</b> <b>09797358470 (M)</b> <b>zsbddoda@gmail.com</b>
97.	3.	Jammu	Col (Retd) JDS Kotwal Zila Sainik Welfare Officer Ambphalla Jammu Pin - 180 005 (J & K)	<b>0191-2546273 (O)</b> <b>0191-2546273 (R)</b> <b>09419117085 (M)</b> <b>zswojammu@yahoo.in</b>
98.	4.	Kathua	Col (Retd) Yudhvir Singh Andotra Zila Sainik Welfare Officer Near Govt Hr.Sec.School (Boys) Kathua - 184 101 (J & K)	<b>01922-234785 (O)</b> <b>01922 – 234785 (R)</b> <b>zswokathua@yahoo.in</b>
99.	5.	Leh + Kargil	Maj (Retd) Bodh Raj Sabharwal Zila Sainik Welfare Officer Opp SP Office Leh (Ladakh) - 194 101 (J & K)	<b>01982-252270 (O)</b> <b>01982-252270 (F)</b> <b>09419613461 (M)</b> <b>zswoleh@yahoo.in</b>
100.	6.	Poonch	Maj (Retd) Prem Singh Zila Sainik Welfare Officer Near Bus Stand	<b>01965-220161 (O)</b> <b>01965- 220161 (F)</b> <b>09419253793 (M)</b>

			Poonch Pin -185101 (J & K)	<b>zilasainikwelfarepoonch@gmail.com</b>
101.	7.	Rajouri	Maj (Retd) RS Thakur Zila Sainik Welfare Officer Jawahar Nagar Rajouri Pin -185132 (J & K)	<b>01965-263350 (O)</b> <b>01965- 263350 (F)</b> <b>09858090423 (M)</b> <b>zsworajouri@yahoo.in</b>
102.	8.	Samba	Col (Retd) KB Gupta Zila Sainik Welfare Officer Ward No. 8, Samba Pin - 184 121 (J & K)	<b>01923-217802 (O)</b> <b>0191- 250121 (R)</b> <b>0941-9139583 (M)</b> <b>zswosamba@gmail.com</b>
103.	9.	Srinagar, Budgam, Ganderbal, Anantnag, Kulgam, Pulawama, Shopian.	Col (Retd) SA Quershi Zila Sainik Welfare Officer Batamaloo Road Srinagar Pin- 190 010 (J & K)	<b>0194-2474728 (O)</b> <b>0194-2474728 (F)</b> <b>09419250360 (M)</b> <b>zswosrinagar@yahoo.in</b>
104.	10.	Udhampur, Reasi.	Maj(Retd) SL Khajuria (Addl Chrg) Zila Sainik Welfare Officer Adarsh Colony, Udhampur Pin – 182 101 (J & K)	<b>01992-271338 (O)</b> <b>01922-2592268(R)</b> <b>zilasainikudh@yahoo.com</b>
<b><u>JHARKHAND *</u></b>				
105.	1.	Chaibasa	Lt Col (Retd) MK Das Zila Sainik Kalyan Karyalaya Court Compound, West Singhbhum, Chaibasa - 833201	<b>06582-259545 (O)</b> <b>zilasainikchaibasa@gmail.com</b>
106.	2.	Dumka	Lt Col (Retd) AK Jha Zila Sainik Kalyan Karyalaya Court Compound, Dumka-814101	<b>06434-223878 (O)</b> <b>06434-223878 (F)</b> <b><u>zskkdumka@yahoo.com</u></b>
107.	3.	Hazaribagh	Vacant Zila Sainik Kalyan Karyalaya Multipurpose Building, Near Private Bus Stand Hazaribagh- 825301	<b>06546-267767 (O)</b> <b>zskkhazaribagh@yahoo.in</b>
108.	4.	Ranchi	Lt Col (Retd) Avdesh Kumar Jha Zila Sainik Kalyan Karyalaya	<b>0651-2330159 (O)</b> <b>0651-2330159 (F)</b> <b><u>zskkranchi@yahoo.in</u></b>

			Sainik Bazar, Main Road Ranchi, Pin – 834001	
109.	5.	Gumla	Lt Col (Retd) KN Ghosal Zila Sainik Kalyan Karyalaya Sashtri Nagar, Gumla, Jharkhand	<b>06524- 221129 (O)</b> <b>zskkgumla@yahoo.in</b>
<b><u>KARNATAKA *</u></b>				
110.	1.	Bangalore (Bangalore Urban)	Maj (Retd) RS Viswanath Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No 58, Fd Mshl KM Cariappa Road, Banglore (Urban Dist) Pin - 560025	<b>080-25585119 (O)</b> <b>09481819260 (M)</b> <b>sainikurban@rediffmail.com</b>
111.	2.	Bangalore (Rural) + Chikkaballa pur, Kolar, Ramnagar & Tumkur	Maj (Retd) RS Viswanath Joint Director Office of the Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No.58, Fd Marshal KM Cariappa Road, Banglore (Rural) Pin – 560025	<b>080-25588718 (O)</b> <b>080-25589459 (F)</b> <b>sainikrural@rediffmail.com</b>
112.	3.	Gulbarga Raichur Bindar	Maj (Retd) Dr Doddappa Hugar, Deputy Director Dept of Sainik Welfare & Resettlement, Vikas Bhavan Complex (Mini Vidhana Soudha) Station Road, Gulbarga Pin – 585102	<b>08472-225003 (O)</b> <b>08472-225003 (F)</b> <b>09591555894 (M)</b> <b>sainikwelfareglb@yahoo.com</b>
113.	4.	Bijapur	Maj (Retd) Dr DH Hugar Deputy Director Office of the Deputy Director Deptt of Sainik Welfare & Resettlement Distt Office Building Bijapur Pin - 586 101	<b>08352-250913 (O)</b> <b>08352- 56666 (F)</b> <b>09591555894 (M)</b> <b>sainikwelfare_bijapur@yahoo. co.in</b>
114.	5.	Bagalkot and	Maj (Retd) Shivaji M Tukkar	<b>08354-235434 (O)</b>

		Koppal	Deputy Director Office of the Deputy Director Dept of Sainik Welfare & Resettlement, Dist Administration Building, Ground Floor (Near Post Office) Bagalkot Pin – 587101	<b>09916425737 (M)</b> <b>sainik.bgk@rediff.com</b>
115.	6.	Belgaum	Ex Flt Lt MS Lolaksha Joint Director Deptt of Sainik Welfare & Resettlement Court Compound, Belgaum - 590 001	<b>0831-2469341 (O)</b> <b>0831-2469341 (F)</b> <b>09945173849 (M)</b> <b>sainikwelfarebelgaum@yahoo</b> <b>.in</b>
116.	7.	Dharwad	Wg Cdr(Retd)Ishwar Kodalli Deputy Director Office of Deputy Director Deptt of Sainik Welfare & Resettlement DC's Office Compound Dharwad - 580 001	<b>0836-2440176 (O)</b> <b>09880542689 (M)</b> <b>sainikwelfarewd@yahoo.com</b>
117.	8.	Uttara Kannada	Cdr (Retd) Induprabha V Deputy Director Dept of Sainik Welfare& Resettlement, M.G. Road, Karwar, Uttara Kannada, District – 581301	<b>08382-226538 (O)</b> <b>08382-226538 (F)</b> <b>08050368197 (M)</b> <b>sainikkwr@gmail.com</b>
118.	9.	Dakshina Kannada & Udupi	Ex Capt AMC Dr Prakash NS Deputy Director Office of the Deputy Director Dept of Sainik Welfare & Resettlement, Sainik Rest House Building, Urva Stores Ashok Nagar – PO Mangalore – 575006	<b>0824-2450933 (O)</b> <b>09448549149 (M)</b> <b>dydirdswrmllore@yahoo.com</b>
119.	10.	Kodagu	Sri BR Shetty Joint Director Dept of Sainik Welfare & Resettlement, Canara Bank Building, Main Road, Madikeri Pin – 571201	<b>08272-229866 (O)</b> <b>jtdirectordswrmdk@yahoo.co</b> <b>m</b>



120.	11.	Shimoga Chitradurga Davanagere	Lt Col (Retd) M. Geetha Mahabal, Deputy Director Dept of Sainik Welfare & Resettlement, K. Balaraj Urs Road Near DC's Residence Shimoga – 577201	<b>08182-220925 (O)</b> <b>09449748055 (M)</b> <b>soldier-</b> <b>shimoga@rediffmail.com</b>
121.	12.	Hassan and Chikkamagal ur Dists	Shri C Shivaswamy Deputy Director Dept of Sainik Welfare & Resettlement, 'Shree Vasvi Nilay' Shankaripur, 1st Cross, B M Road, Hassan – 573201	<b>08172-250465 (O)</b> <b>sainikalyanhassan@in.com</b>
122.	13.	Mysore Mandya Chamarajan agar	Maj (Retd) Dr JR Balasubramanyam Deputy Director Office of the Deputy Director Dept of Sainik Welfare & Resettlement, Sq n Ldr AB Devaiah Bhavan, Near DC's Office Mysore - 570005	<b>0821-2425240 (O)</b> <b>0821-2425240 (F)</b> <b>09632953019 (M)</b> <b>sainikkalyanmysore@in.com</b>
<b>KERALA *</b>				
123.	1.	Alappuzha	Shri MR Davis Zila Sainik Welfare Office Arattuvazhi Road, Alappuzha-688 007	<b>0477-2245673 (O)</b> <b>zswualp@gmail.com</b>
124.	2.	Eranakulam	Shri PJ Jacob Zila Sainik Welfare Office Civil Station, Kakkanad, Ernakulam-682 030	<b>0484-2422239 (O)</b> <b>zswokem@yahoo.com</b>
125.	3.	Idukki	Smt Sheeba Ravi Zila Sainik Welfare Office Theruvan Towers Thodupuzha, Iddukki - 685584	<b>0486-2222904 (O)</b> <b>zswoidukki@yahoo.com</b>
126.	4.	Kannur	Shri Ramakrishnan AK Zila Sainik Welfare Office Civil Station, Kannur-670002	<b>0497-2700069 (O)</b> <b><u>zswokannur@gmail.com</u></b>
127.	5.	Kasaragod	Shri Ramakrishnan AK (Additional Charge) Zila Sainik Welfare Office Civil Station PO, Vidya Nagar,	<b>0499-4256860 (O)</b> <b>zswoksgd@bsnl.in</b>

			Kasaragod - 671123	
128.	6.	Kollam	Shri SK Sreelal Zila Sainik Welfare Office Civil Station, Kollam-691013	<b>0474-2792987 (O)</b> <b><u>zswokollam@yahoo.co.in</u></b>
129.	7.	Kottayam	Shri Vinod Mathew Zila Sainik Welfare Office Muttambalam PO, Kanjikuzhi, Kottayam-686004	<b>0481- 2570287 (O)</b> <b><u>zswoktym@gmail.com</u></b>
130.	8.	Kozhikode	Shri NP Abdul Azeez Zila Sainik Welfare Office Balan K Nair Road, Kozhikode - 673001	<b>0495- 2771881 (O)</b> <b><u>kkdzsw@bsnl.in</u></b>
131.	9.	Malappuram	Shri Muraleedharan KS Zila Sainik Welfare Office Civil Station, Malappuram – 05	<b>0483-2734932 (O)</b> <b><u>zswompm@gmail.com</u></b>
132.	10.	Palakkad	Shri Shiju Sharif Zila Sainik Welfare Office, Jaini Medu Vadakkanthara PO Palakkad-678013	<b>0491-2501633 (O)</b> <b><u>zswopalakkad@gmail.com</u></b>
133.	11.	Pathanamthitta	Shri A Kishan Zila Sainik Welfare Office, Collectorate Pathanamthitta - 689645	<b>0468-2222104 (O)</b> <b><u>zswopta@gmail.com</u></b>
134.	12.	Thiruvananthapuram	Shri Prasannan Pillai G Zila Sainik Welfare Office Vanchiyoor Thiruvananthapuram-695035	<b>0471-2472748 (O)</b> <b><u>zswotvpm@Gmail.com</u></b>
135.	13.	Thrissur	Shri VB Premnath Zila Sainik Welfare Office Sainik Centre, Poothole Thrissur-680004	<b>0487- 2384037 (O)</b> <b><u>zswothrissur@gmail.com</u></b>
136.	14.	Wayanad	Shri A Ravindran Zila Sainik Welfare Office Kalpetta North PO, Wayanad-673122	<b>04936-202668 (O)</b> <b><u>zswowyd@gmail.com</u></b>
<b><u>MADHYA PRADESH *</u></b>				
137.	1.	Betul	Col (Retd) Md Esrarul Haque Distt Sainik Welfare Officer	<b>07141-230790 (O)</b> <b>09826014693 (M)</b>

			Chitinvis Kothi, Civil Line Betul Pin - 460 001	<b>dswobet@mp.gov.in</b>
138.	2.	Bhind	Gp Capt (Retd) VS Gandhi Distt Sainik Welfare Officer Collectorate, By Pass Road Near Mela Ground, Bhind, Pin - 477001 (MP)	<b>07534-236379 (O)</b> <b>08435039266 (M)</b> <b><u>dswobhind@gmail.com</u></b>
139.	3.	Bhopal	Col (Retd) DC Goyal Distt Sainik Welfare Officer Sainik Rest House, Banganga Chouraha Bhopal - 462 003 (M P)	<b>0755-2556198 (O)</b> <b>0755-2556198 (F)</b> <b>09300087014 (M)</b> <b>0755-2430136 (R)</b> <b><u>dswopho@mp.gov.in</u></b>
140.	4.	Chhatarpur	Gp Capt (Retd) Manoj Gurg Distt Sainik Welfare Officer Ward No.38,H.No.-36 Shanti Nagar Colony, Sagar Road,Near Bijawar Naka,Chhatarpur - 471 001	<b>07682-245460 (O)</b> <b>07682-245460 (F)</b> <b>09584850722 (M)</b> <b><u>dsocha@mp.gov.in</u></b>
141.	5.	Chindwara	Col (Retd) Raja Shekhar Distt Sainik Welfare Officer Near Ekta Park, Nagpur Road, Chindwara - 480 001 (M P)	<b>07162-242119 (O)</b> <b>07162-242119 (F)</b> <b>09993446872 (M)</b> <b><u>dsowchi@mp.gov.in</u></b>
142.	6.	Damoh	Gp Capt (Retd) SK Khare Distt Sainik Welfare Officer New Collectorate, Room No. 55 Damoh - 470 661 (M P)	<b>07812-224108 (O)</b> <b>07812-224108 (F)</b> <b>08349656747 (M)</b> <b><u>dswodam@mp.gov.in</u></b>
143.	7.	Gwalior	Col (Retd) Rakesh Pathak Distt Sainik Welfare Officer Race Course Road, Near Sainik Petrol Pump, Gwalior – 474002	<b>0751-2340878 (O)</b> <b>0751-2471539 (O)</b>  <b>09893589261 (M)</b> <b><u>dswogwa@mp.gov.in</u></b>
144.	8.	Khandwa	Wg Cdr (Retd) M Nasir Distt Sainik Welfare Officer Collectorate Parisar Khandwa	<b>0733-2228311 (O)</b> <b>09201632261 (M)</b> <b><u>dswokhd@mp.gov.in</u></b>
145.	9.	Indore	Col (Retd) Ram Kumar Distt Sainik Welfare Officer, Jairam Pur Colony, Indore – 4502004	<b>0731-2367319 (O)</b> <b>0731-2367319 (F)</b> <b>09827508379 (M)</b> <b>07324-226249 (R)</b> <b><u>dswoind@mp.gov.in</u></b>

146.	10.	Guna	Col (Retd) Pradeep Kumar Dar Sainik Welfare Officer Jail Road, Opp Akashwani Bhavan, Guna – 473001	<b>07542-251010 (O)</b> <b>09669506033 (M)</b> <b>dswogun@mp.gov.in</b>
147.	11.	Hoshangabad	Col (Retd) Arvind Nigam, SM Distt Sainik Welfare Officer, Behind Home Guard Office, Hoshangabad - 461 001 (M P)	<b>07574-254465 (O)</b> <b>07574-254465 (F)</b> <b>09425310645 (M)</b> <b>dswohos@mp.gov.in</b>
148.	12.	Jabalpur	Col (Retd) PK Vaidya Distt Sainik Welfare Officer Katanga Colony, Narmada Road, Shaheed Raman Bakshi Marg Jabalpur - 482 001 (M P)	<b>0761-2667336 (O)</b> <b>0887851465 (M)</b> <b>0761-2603157 (R)</b> <b>dswojab@mp.gov.in</b>
149.	13.	Mandsaur	Wg Cdr(Retd) Rajesh P Nigam Distt Sainik Welfare Officer HDX-33, Duplex, Street No. 2, Kitiyani Mandasaur - 458 001 (M P)	<b>07422-256139 (O)</b> <b>07422-256139 (F)</b> <b>09039013706 (M)</b> <b>dswomas@mp.gov.in</b>
150.	14.	Morena	Vacant Distt Sainik Welfare Officer Near to Railway Over Bridge Chauraha, MS Road Morena - 476 001 (MP)	<b>07532-226003 (O)</b> <b>07532-226780 (F)</b> <b>08349378595 (M)</b> <b>dswomor@mp.gov.in</b>
151.	15.	Narsinghpur	Col (Retd) VP Tripathi Distt Sainik Welfare Officer Ashok Nivas Sadar, 1 <sup>st</sup> Wing Narsinghpur - 487 001 (M P)	<b>07792-232128 (O)</b> <b>09479380111 (M)</b> <b>dswonar@mp.gov.in</b>
152.	16.	Ratlam	Vacant Distt Sainik Welfare Officer Opposite Home Guard Colony Nagra Road, Ratlam Pin Code - 457 001(M P)	<b>07412-201124 (O)</b> <b>07412-201124 (F)</b> <b>0734 - 2510362</b> <b>09685900204 (M)</b> <b>dsworat@mp.gov.in</b>
153.	17.	Rewa	Gp Capt (Retd) DV Shukla Distt Sainik Welfare Officer TH- 8 B Block, Shilpi Construction, Kothi Road, Rewa-486001 (MP)	<b>07662-254118 (O)</b> <b>07662-254118 (F)</b> <b>07804909240 (M)</b> <b>dsworew@mp.gov.in</b>
154.	18.	Satna	Gp Capt (Retd) SK Tiwari Distt Sainik Welfare Officer Near Jawahar Nagar, Stadium/ Water Tunki	<b>07672-222389 (O)</b> <b>07672-222389 (F)</b> <b>09713200652 (M)</b> <b>dswosat@mp.gov.in</b>

			Satna - 485 001 (M P)	
155.	19.	Sagar	Maj (Retd) GS Yadav Distt Sainik Welfare Officer Collectorate Compound, Sagar - 470 001 (M P)	<b>07582-225589 (O)</b> <b>07582-225589 (F)</b> <b>09407016050 (M)</b> <b>dswoag@mp.gov.in</b>
156.	20.	Seoni	Lt Col (Retd) Jaya Xavier Distt Sainik Welfare Officer Bara Pathar, Tooti Puliya Road, Near Gayatri Temple, Seoni - 480 661, (M P)	<b>07692-222730 (O)</b> <b>07692-222730 (F)</b> <b>09981920255 (M)</b> <b>dswoseo@mp.gov.in</b>
157.	21.	Shahdol	Col (Retd) PN Shukla Distt Sainik Welfare Officer H No. 536, Pandey Nagar, Shahdol - 484 001 (M P)	<b>07652-248949 (O)</b> <b>09425182155 (M)</b> <b>dswoshd@mp.gov.in</b>
158.	22.	Sidhi	Lt Col (Retd) Mrs P Ganga Distt Sainik Welfare Officer Near Tilak Talkies, Maharana Pratap Road, Sidhi - 486 661 (MP)	<b>07822-250852 (O)</b> <b>07822-250852 (O)</b> <b>07415249145 (M)</b> <b>dswosid@mp.gov.in</b>
159.	23.	Tikamgarh	Col (Retd) J P Sharma Distt Sainik Welfare Officer Room No.75, Collectorate, Tikamgarh - 472 001 (M P)	<b>07683-240709 (O)</b> <b>09425453431 (M)</b> <b>dswotik@mp.gov.in</b>
160.	24.	Ujjain	Col (Retd) Samsom Tewari Distt Sainik Welfare Officer B- 9/6, Mahananda Nagar Ujjain - 456 010 (M P)	<b>0734-2511355 (O)</b> <b>0734-2511355 (F)</b> <b>08989879160 (M)</b> <b>dswoujj@mp.gov.in</b>
<b>MAHARASHTRA *</b>				
161.	1.	AhmedNagar	Col (Retd) Pradipkumar Narsu Dhole Zila Sainik Welfare Officer Ex-Servicemen Rest House Chandni Chowk Ahmednagar – 414 001	<b>0241-2323160 (O)</b> <b>02442- 222105 (O)</b> <b>09421015690 (M)</b> <b>09423032817 (M)</b> <b>zsw_ahmednagar@maha sainik.com</b>
162.	2.	Akola	Ex Flt Lt. Ratnakar M.Charde Zila Sainik Welfare Officer Collector Office Compound Akola-444001	<b>0724 -2436070 (O)</b> <b>09403309325 (M)</b> <b>zsw_akola@mahasainik.c om</b>
163.	3.	Amravati	Lt Cdr(Retd)Mohammad Alim Wahed Zila Sainik Welfare Officer	<b>0721-2662621 (O)</b> <b>08275185077 (M)</b> <b>0721 -2660929 (R)</b>

			Amravati Camp Dist. Amravati-444602	<b>zsw_ amravati@mahasain ik.com</b>
164.	4.	Aurangabad	Ex Maj Chandrasen V Kulthe Zila Sainik Welfare Officer Nandanvan Colony, Bhavsinghpura Road Aurangabad - 431203	<b>0240-2370313 (O) 09890657075 (M) zsw_ aurangabad@mahas ainik.com</b>
165.	5.	Bhandara Gondia	Ex Capt Deepak R Limsay Zila Sainik Welfare Officer Mahasul Karmarachri Parisar Bhandara – 440 001	<b>07184-250619 (O) 09822461851(M) zsw_ bhandara@mahasai nik.coms</b>
166.	6.	Beed	Lt Col (Retd) SA Rokhale Zila Sainik Welfare Officer Near District Court Beed-431122	<b>02442-222105 (O) 0241- 2323160 (O) 09049778558 (M) zsw_ beed@mahasainik.c om</b>
167.	7.	Buldhana	Cdr (Retd) Milindkumar M Badage Zila Sainik Welfare Officer “Sainiki Complex”, Near ST Bus Stand Buldhana -443 001	<b>07262-242208 (O) 09422882143 (M) zsw_ buldhana@mahasai nik.com</b>
168.	8.	Chandrapur	Cdr (Retd)V Kumar Babasaheb Patil Zila Sainik Welfare Officer New Administrative Building Chandrapur – 442401	<b>07172-257968 (O) 09422322495 (M) zsw_ chandrapur@mahas ainik.com</b>
169.	9.	Dhule	Ex Capt Mohan B Kulkarni (Addl charge with zsw Jalgaon) Zila Sainik Welfare Officer Ex-servicemen Rest House Collector Office compound Dist. Dhule - 424001	<b>02562-237264 (O) 0257- 2241414 (O) 0257-2261841 (R) 09422786346 (M) zsw_ dhule@mahasainik.c om</b>
170.	10	Gadchiroli	Cdr (Retd) Vijaykumar B Patil (Addl Charge) Office of the District Magistrate Zila Sainik Welfare Officer Gadchiroli	<b>07172- 248955 (O) 09422322495 (M) zsw_ chandrapur@mahas ainik.com</b>
171.	11	Jalgaon	Ex Capt Mohan B Kulkarni Zila Sainik Welfare Officer Collector Compound Jalgaon Pin – 425001	<b>02562-237264 (O) 02562-2261841(R) 09422786346 (M) zsw_ jalgaon@mahasaink. com</b>

172.	12	Jalna	Lt Col (Retd) Sameer B Raut, Zila Sainik Welfare Officer Opposite District Sports Sankul Beed Bypass Road Jalna – 431 203	<b>02482-225201 (O)</b> <b>09623509489 (M)</b> <b>zswo_jalna@mahasainik.com</b>
173.	13	Kolhapur	Lt Col (Retd) Suhas D Naik Zila Sainik Welfare Officer Collector Compound, Nagala Park Kolhapur – 416003	<b>0231-2665812 (O)</b> <b>09423577808(M)</b> <b>zswo_kolhapur@mahasainik.com</b>
174.	14	Latur	Ex- Maj (Retd) Kalyankingstan Y Zambre Zila Sainik Welfare Officer Sainik Sankul, Ambajogai Road, Front of MIMSR Medical College Latur – 413 512	<b>02382-245189 (O)</b> <b>09665063714 (M)</b> <b>zswo_latur@mahasainik.com</b>
175.	15	Mumbai City	Ex Lt Cdr(Mrs) Milan M Patil City Sainik Welfare Office Old Custom House, Fort Mumbai – 400001	<b>022-22700404 (O)</b> <b>022- 23088011 (O)</b> <b>08108692960 (M)</b> <b><u>zawo_mumbaicity@mahasainik.com</u></b>
176.	16	Mumbai Upnagar	Ex Capt(Retd) Vidhya V Ratnaparakh Zila Sainik Welfare Officer Mumbai Suburban District Administrative Building 9 <sup>th</sup> Floor, Near Chetna College Govt Colony, Bandra (East), Mumbai - 400051	<b>022-265552172 (O)</b> <b>09869070211 (M)</b> <b>zswo_mumbaiupnagar@mahasainik.com</b>
177.	17	Nasik	Ex Maj Pranjal P Jadhav (Addl Charge) Zila Sainik Welfare Officer Collector Office Compound Nasik – 422 002	<b>0253-2577255 (O)</b> <b>09321918195 (M)</b> <b>zswo_nashik@mahasainik.com</b>
178.	18	Nagpur	Ex Lt Nitin Pande Zila Sainik Welfare Officer Administrative Building No.1, 3 <sup>rd</sup> Floor,Civil Line, Nagpur- 440001	<b>0712-2561133 (O)</b> <b>09373100805 (M)</b> <b>zswo_nagpur@mahasainik.com</b>
179.	19	Parbhani- Nanded	Lt Col (Retd) S B Raut (Addl Charge) Zila Sainik Welfare Officer	<b>02452-245510 (O)</b> <b>02452-220340 (O)</b> <b>zswo_parbhani@mahasain</b>

			Collectorate Compound, Nanded- 431 602	<b>ik.com</b>
180.	20	Nandurbar	Ex Capt Mohan Balvant Kulkarni (Addl Charge) Zila Sainik Welfare Office Collectorate Compound Nandurbar	<b>09422786346 (M)</b>
181.	21	Osmanabad	Maj (Retd) Subhash B Sasane Zila Sainik Welfare Officer Collector Office Compound Osmanabad - 413501	<b>02472-222557 (O) 09970856438 (M) zswosmanabad@mahasainik.com</b>
182.	22	Pune	Col (Retd) Bipin Dattatraya Shinde Zila Sainik Welfare Officer Collector Office Compound, Pune - 411 001	<b>020-26122287 (O) 09423039599 (M) zswopune@mahasainik.com 09423039599</b>
183.	23	Hingoli	Lt Col (Retd) Rajendrakumar R Jadhav (Addl Charge) Opposite Bachat Bhavan Stadium, Railway Station Road, Parbhani - 431401	<b>02452-220340 (O) 09850893511 (M) zswoparbhani@mahasainik.com</b>
184.	24	Raigad	Lt Col (Retd) Rajendrakumar R Jadhav (Addl Charge) Zila Sainik Welfare Officer Near Lekha Kosh Office Raigad - 402201	<b>02141-222208 (O) 09850893511 (M) zsworaigad@mahasainik.com</b>
185.	25	Ratnagiri	Col (Retd) Prakashrao Shamrao Patil Zila Sainik Welfare Officer Collector Office Compound Shivaji Nagar Ratnagiri - 415612	<b>02352-222271 (O) 09423017202 (M) zsworatnagiri@mahasainik.com</b>
186.	26	Satara	Maj (Retd) BS Jare Zila Sainik Welfare Officer Ajinkyatara Bldg, Povai Naka Satara - 415001	<b>02162-239293 (O) 09766448666 (M) zswosatara@mahasainik.com</b>
187.	27	Sangli	Ex Capt Sunil Moreshwar Godbole (Addl Charge) Zila Sainik Welfare Officer Sangli Miraj Road, Pushkar Chowk Sangli - 416416	<b>0233-2671711 (O) 09421222564 (M) zswosangli@mahasainik.com</b>
188.	28	Solapur	Capt (Retd) Sunil Moreshwar	<b>0217-2731035 (O)</b>



			Godbole Zila Sainik Welfare Officer Collector Office Compound Solapur – 413004	<b>09421222564 (M)</b> <b>zsws_solapur@mahasainik.com</b> <b>09421222564(M)</b>
189.	29	Sindhudurg	Lt.Col(Retd) Suhas D.Naik (Addl Charge) Zila Sainik Welfare Officer Main Administrative Building C Block, 1 <sup>st</sup> Floor, At + Post - Oras (BK), Tel. Kudal Dist Sindhudurg-416812	<b>02362-228820 (O)</b> <b>09423577808 (M)</b> <b>zsws_sindhudurg@mahasainik.com</b>
190.	30	Thane	Maj (Retd) Pranjal P Jadhav Zila Sainik Welfare Officer Collector Office, Room No. 402, 4 <sup>th</sup> Floor, Tembhi Naka Thane – 400601	<b>022-25343174 (O)</b> <b>09869074423 (M)</b> <b>zsws_thane@mahasainik.com</b>
191.	31	Yavatmal (Yeotmal)	Flt Lt (Retd) D.Y.Sadaphal (Addl Charge) Zila Sainik Welfare Officer Collector Office Compound Dist. Yavatmala – 445001	<b>07232-245273 (O)</b> <b>09850318606 (M)</b> <b>zsws_yavatmal@mahasainik.com</b>
192.	32	Wardha	Ex Flt Lt Dhananjay Y Sadaphal Zila Sainik Welfare Officer Front side of Yashwant Mahavidhyalaya Wardha – 442 001	<b>07152-257698 (O)</b> <b>07172-240691 (O)</b> <b>09850318606 (M)</b> <b>zsws_wardha@mahasainik.com</b>
193.	33	Washim	Lt Col (Retd)RR Jadhav Zila Sainik Welfare Officer Room No.206, Admin Bldg. Collector Office Compound, Washim – 444505	<b>07252-288741 (O)</b> <b>07252-230188 (R)</b> <b>09920494423 (M)</b> <b>zsws_washim@mahasainik.co</b>
<b><u>MANIPUR</u></b>				
194.	1.	Imphal	Lt Col (Retd) H Sarat Singh Secretary PO- Lamphel, Dist-Imphal West Manipur - 795004	<b>09862672547 (M)</b> <b>0385-2416228 (O)</b>
195.	2.	Churachandpur	Major (Retd)Jangkholun Gangte Secretary Churachandpur	<b>09856666350 (M)</b>
<b><u>MEGHALAYA</u></b>				

196.	1.	Shillong +East & West Khasi Hills, Jaintia Hills, Ribhoi, East, West & South Garo Hills	Ex Maj (Dr.) K I Singh Zila Sainik Welfare office East Khasi Hills, Shillong Old NEC Building, Shillong-793001	<b>0364-2500459 (O)</b> <b>09774273416 (M)</b> <b><u>zsbshillong@rediff.com</u></b>
<b><u>MIZORAM *</u></b>				
197.	1.	Aizawl	Lalrinliani, MMS Zila Sainik Welfare & Resettlement Office, Sainik Rest House Building, Khatla, Aizawl, Mizoram - 796 001	<b>0389-2333131(O)</b> <b>09436147426 (M)</b> <b>0389-2340685(R)</b> <b>zswazlmiz@yahoo.in</b>
198.	2.	Lunglei +Chhimtuipui	Hony Capt (Retd) Lalthantluanga Deputy Director Zila Sainik Welfare & Resettlement Office Distt. Lunglei - 796 701	<b>0372-2324737(O)</b> <b>0372-2324737(F)</b> <b>09436370075 (M)</b> <b>zswllimiz@yahoo.in</b>
199.	3.	Kolasib	C.Khamluaia,MCS District Sainik Welfare & Resettlement Officer Distt. Kolasib - 796081	<b>03837-222265 (O)</b> <b>03837-222265 (F)</b> <b>09863221849 (M)</b> <b>zsb_kolasib@yahoo.in</b>
200.	4.	Champhai	Rochuangkimi Khenglawt, MCS District Sainik Welfare & Resettlement Officer Zila Sainik Welfare & Resettlement Office Distt. Champhai Pin - 796321	<b>03831-2355170 (O)</b> <b>03831-2355170 (F)</b> <b>09612223471 (M)</b> <b>chamsan77@gmail.com</b>
<b><u>NAGALAND *</u></b>				
201.	1.	Dimapur	Col (Retd) K Ahluwalia Zila Sainik Welfare Officer Zila Sainik Welfare Office Walford Area, Near Rajbari, New Circuit House, Dimapur (Nagaland) Pin - 797112	<b>03862-280002 (O)</b> <b>09436304277 (M)</b> <b>dcdmp-ngl@nic.in</b>
202.	2.	Kohima	Hony Capt (Retd) Lenkhapao Kuki, SM Zila Sainik Welfare Officer Zila Sainik Welfare Office Kohima DC's Office Complex	<b>0370-2900342(O)</b> <b>09436304277 (M)</b> <b>dckma-ngl@nic.in</b>

			Kohima - 797 001	
203.	3.	Mokokchung	Lt Col (Retd) RS Ahluwalia Zila Sainik Welfare Officer Zila Sainik Welfare Office Khasiya Line PO Mokokchung -797601	<b>09436006336 (M)</b> <b>dcmok-ngl@nic.in</b>
204.	4.	Wokha	Hony Capt (Retd) CK Lotha Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex Wokha PO Wokha - 797 111	<b>03860-22648(O)</b> <b>09856210355(M)</b> <b>dcwok-ngl@nic.in</b>
205.	5.	Zunheboto	Hony Capt (Retd) Tekitiba Ao Zila Sainik Welfare Officer Zila Sainik Welfare Office Zunheboto - 798620	<b>03867-220545(O)</b> <b>09436174006 (M)</b> <b>dczhhb-ngl@nic.in</b>
<b>ODISHA *</b>				
206.	1.	Cuttack	Col (Retd) Sukumar Banerjee Zila Sainik Board At Mission Road, Buxi Bazar (Near the Samaj Office) PO/Dist-Cuttack-1, Pin – 753001	<b>0671-2420159 (O)</b> <b>09938181261 (M)</b> <b>zsbktk02@gmail.com</b>
207.	2.	Balasore	Maj (Retd) Prafulla Kumar Naik Secretary, Zila Sainik Board Brit Buildings C&D Block, OT Road, Balasore - 756 001	<b>06782-261668 (O)</b> <b>09937000491 (M)</b> <b>zsbbls.orissa@rediffmail.com</b>
208.	3.	Dhenkanal	Gp Capt (Retd), S K Nath Secretary, Zila Sainik Board At Kunja Kanta, Dhenkanal – 759 001	<b>06762-226484 (O)</b> <b>09178463134 (M)</b> <b>sainikboard.dkl@gmail.com</b>
209.	4.	Ganjam (Berhampur)	Col (Retd) Bisweswar Rout Secretary, Zila Sainik Board Berhampur, Near Ganjam club Ganjam - 760 004	<b>0680-2292485 (O)</b> <b>09437604490 (M)</b> <b>zsbbrhmapur57@rediffmail.com</b>
210.	5.	Kalahandi (Bhawanipatna)	Major (Retd) BB Sahoo Secretary, Zila Sainik Board Govt. Colloge Road In front of D.I.C Office (above Union Bank) Bhawanipatna	<b>06670-230110 (O)</b> <b>09853024967 (M)</b> <b>zsbklldbnpn@yahoo.in</b>

211.	6.	Sambalpur	Col (Retd) DB Acharya Secretary, Zila Sainik Board Collectorate, 2nd floor, Sambalpur - 768 001	<b>0663-2410154 (O)</b> <b>09937644514 (M)</b> <b>secyzsbsbp@rediffmail.com</b>
212.	7.	Keonjhar	Maj (Retd)Natabar Jena Secretary Zila Sainik Board Keonjhar Collectorate Complex, Keonjhar	<b>06766-254652 (O)</b> <b>08018455750 (M)</b> <b>natabar05@yahoo.com</b>
<b><u>PUNJAB</u></b>				
213.	1.	Amritsar	Lt Col (Retd) Gurinderjit Singh Gill District Defence Services Welfare Officer 52, Court Road, Opp GPO, Amritsar - 140 001	<b>0183-2563102 (O)</b> <b><a href="mailto:dsw_ asr@rediffmail.com">dsw_ asr@rediffmail.com</a></b>
214.	2.	Bathinda	Cdr (Retd) Baljinder Virk District Defence Services Welfare Officer Near Court Complex Bathinda	<b>0164-2212612 (O)</b> <b>sainikwelfarebti@rediffmail.com</b>
215.	3.	Faridkot	Lt Col (Retd) Jasbir Singh Boparai (Additional Charge) District Defence Services Welfare Officer Talwandi Road, Faridkot – 151 203	<b>01639-250788 (O)</b> <b>ddswfdk@rediffmail.com</b>
216.	4.	Fatehgarh Sahib	Wg Cdr(Retd)HS Kang District Defence Services Welfare Officer Near Bachhat Bhavan Fatehgarh Sahib- 140407	<b>0176-3232287 (O)</b> <b><a href="mailto:fgsdsw10@rediffmail.com">fgsdsw10@rediffmail.com</a></b>
217.	5.	Ferozepur	Lt Col (Retd) Jasbir Singh Boparai District Defence Services Welfare Officer Near Saragarhi Gurudwara Ferozepur	<b>01632-246211 (O)</b> <b><a href="mailto:dsw_fzr@rediffmail.com">dsw_fzr@rediffmail.com</a></b>
218.	6.	Fazilka	<b>-do-</b>	<b>Functioning at Ferozepur</b>
219.	7.	Gurdaspur	Lt Col (Retd) Satbir Singh District Defence Services Welfare Officer	<b>01874-231127 (O)</b> <b>dswogsp@rediffmail.com</b>

			Near DC Court , Gurdaspur	
220.	8.	Hoshiarpur	Maj (Retd) Yaspaul Singh District Defence Services Welfare Officer Green New Park, Court Road Hoshiarpur	<b>01882-222013 (O)</b> <b><a href="mailto:dswhspr@rediffmail.com">dswhspr@rediffmail.com</a></b>
221.	9.	Jalandhar	Lt Col (Retd) HP Singh District Defence Services Welfare Officer Shastri Market, Ladowali Road Jalandhar	<b>0181-2455423 (O)</b> <b><a href="mailto:dsw_jal@rediffmail.com">dsw_jal@rediffmail.com</a></b>
222.	10.	Kapurthala	Col (Retd) Amarbir Singh Chahal District Defence Services Welfare Officer Near District Court, Kapurthala	<b>01822-232872 (O)</b> <b><a href="mailto:dsw_kpt@rediffmail.com">dsw_kpt@rediffmail.com</a></b>
223.	11.	Ludhiana	Col (Retd) Kanwar Preet Singh Atwal District Defence Services Welfare Officer Near Clock Tower, Ludhiana - 141 001	<b>0161-2741066 (O)</b> <b><a href="mailto:dsw_ldh@yahoo.com">dsw_ldh@yahoo.com</a></b>
224.	12.	Mansa	Wg Cdr (Retd) Rajwant Singh (Additional Charge) District Defence Services Welfare Officer Opp Ranbir Club, Mansa - 151 505	<b>01652-229181 (O)</b> <b><a href="mailto:dsw_mansa@rediffmail.com">dsw_mansa@rediffmail.com</a></b>
225.	13.	Moga	Col (Retd) Kanwar Preet Singh Atwal District Defence Services Welfare Officer DC Complex, Moga	<b>01636-237488 (O)</b> <b><a href="mailto:dsw.moga@rediffmail.com">dsw.moga@rediffmail.com</a></b>
226.	14.	SAS Nagar	Lt Col (Retd) PS Bajwa (Addl Charge) District Defence Services Welfare Officer Sas Nagar	<b>0172 -2270075</b> <b><a href="mailto:dsw_sas@rediffmail.com">dsw_sas@rediffmail.com</a></b>
227.	15.	Muktsar Sahib	Cdr (Retd) Baljinder Virk (Additional Charge) District Defence Services Welfare Officer	<b>01633-240701 (O)</b> <b><a href="mailto:dsw_mkts@rediffmail.com">dsw_mkts@rediffmail.com</a></b>

			Bathinda Road, Muktsar Sahib – 152 026	
228.	16.	Shahid Bhagat Singh Nagar	Maj (Retd) Daljit Singh Brar District Defence Services Welfare Officer 331, Friends Colony, SBS Nagar	<b>01823-225075 (O)</b> <b><u>dswo_nsr@rediffmail.com</u></b>
229.	17.	Patiala	Col (Retd) Sarabjit Singh Sanga, (Additional Charge) District Defence Services Welfare Officer Near Railway Bridge Patiala	<b>0175-2361188 (O)</b> <b><u>patiala dswo@rediffmail.com</u></b>
230.	18.	Ropar	Lt Col (Retd) PS Bajwa District Defence Services Welfare Officer Near Old Bus Ropar	<b>01881-220324 (O)</b> <b><u>dswo_rpr@rediffmail.com</u></b>
231.	19.	Sangrur	Wg Cdr (Retd) Rajwant Singh District Sainik Welfare Officer Opp Ranbir Club, Sangrur - 148 001	<b>01672-234021 (O)</b> <b><u>sangrur dswo@rediffmail.com</u></b>
232.	20.	Tarantaran	Lt Col (Retd) Gurinderjit Singh Gill (Additional Charge) District Defence Services Welfare Officer Tarantaran	<b>0183-2563102 (O)</b> <b><u>ddswott@rediffmail.com</u></b>
233.	21.	Barnala	Wg Cdr (Retd) Rajwant Singh (Additional Charge) District Defence Services Welfare Officer Sangrur	<b>01672-234021</b> <b>09876128768 (M)</b> <b>sangrur dswo@yahoo.com</b>
234.	22.	Pathankot	Lt Col (Retd) Satbir Singh, (Additional Charge) District Defence Services Welfare Officer Pathankot	<b>09872939400 (M)</b> <b><u>dswo_gsp@rediffmail.com</u></b>
<b><u>RAJASTHAN *</u></b>				
235.	1.	Ajmer	Col (Retd) LN Sharma Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Opp Revenue Board, Ajmer - 305 001	<b>0145-2627972 (O)</b> <b>09680961539 (M)</b> <b><u>dsboardajmer@gmail.com</u></b>
236.	2.	Alwar	Maj(Retd) Prabhu Dayal	<b>0144-2338527 (O)</b>

			Zila Sainik Kalyan Karyalaya, Near Company Garden, Alwar	<b>09982943354 (M)</b> <b>skolw22j@gmail.com</b>
237.	3.	Barmer	Maj (Retd) P S Bhati Zila Sainik Kalyan Karyalaya Near Railway Station Barmer - 344 001	<b>02982-221185 (O)</b> <b>09828343765 (M)</b> <b>zska-bar-rj@nic.in</b>
238.	4.	Bharatpur	Col (Retd) NS Shekhawat Zila Sainik Kalyan Karyalaya Near Gordhangate Bharatpur - 321 001	<b>05644-223707 (O)</b> <b>09413232223 (M)</b> <b>zska-bha-rj@gmail.com</b>
239.	5.	Bikaner	Col (Retd) BS Bhati Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Public Park, Bikaner - 334 001	<b>0151-2226671 (O)</b> <b>09413143639 (M)</b> <b>aslam zska-bikrj@yahoo.in</b>
240.	6.	Bhilwara	Col (Retd) MP Sharma Adhikary Zila Sainik Kalyan Karyalaya, C-221, Subhash Nagar, In Front of Reliance Office, Bhilwara	<b>01482-265133 (O)</b> <b>09610526789 (M)</b> <b>Bhitorsainik2013@gmail.com</b>
241.	7.	Churu	Maj (Retd) Ram Kumar Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Churu - 331 001	<b>01562-250948 (O)</b> <b>09672951234 (M)</b> <b>kaswanmajorrkk@gmail.com</b>
242.	8.	Chirawa	Col (Retd) PS Shekhawat Zila Sainik Kalyan Karyalaya, Chirawa, Behind Dalmia Ground, Chirawa, Jhunjhunu	<b>01596-222880 (O)</b> <b>09001634348 (M)</b> <b>sainik.chirawa@gmail.com</b>
243.	9.	Deedwana	Maj (Retd) Manohar Singh Rathore Adhikary Zila Sainik Kalyan Karyalaya Behind Jivan Bima Nigam Sainik Vishram Grah Building Deedwana Distt Nagaur - 341303	<b>01580-223729 (O)</b> <b>09413965858 (M)</b> <b>zska-nag-did-rj@nic.in</b>
244.	10.	Jaipur	Col (Retd) Rajesh Bhukar Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building	<b>0141-2201487 (O)</b> <b>09828925550 (M)</b> <b>rbhukar1@gmail.com</b>

			Jai Singh Highway, Bani-Park Jaipur - 302 006	<b>zskajaip_rj@nic.in</b>
245.	11.	Jaisalmer	Vacant Sainik Kalyan Karyalya, Jaisalmer Near Railway Station, Jaisalmer	<b>02992-250029 (O)</b> <b>09414205285 (M)</b> <b>zskajairj@gmail.com</b>
246.	12.	Jhunjhunu	Cdr (Retd) AL Krishnia Zila Sainik Kalyan Karyalaya Jhunjhunu Near Railway Station Jhunjhunu	<b>01592-232653 (O)</b> <b>09783969009 (M)</b> <b>yogilns@yahoo.com</b>
247.	13.	Jodhpur	Lt Col (Retd) RS Rathore Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Rai Ka Bagh, Jodhpur 342-006	<b>0291-2650372 (O)</b> <b>09352355450 (M)</b> <b>zska-jod-rj@nic.in</b>
248.	14.	Kota	Lt Col (Retd) Guman Singh Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building In front of Bhimrao Hospital Kota	<b>0744-2323712 (O)</b> <b>09413318285 (M)</b> <b>zska-kotj@yahoo.com</b>
249.	15.	Karauli	Col (Retd) Narender Singh Chouhan Zila Sainik Kalyan Karyalaya Karauli, Sainik Nagar Near Chungi Naka, Hindon Road, Karauli	<b>07464-221734 (O)</b> <b>09414035313 (M)</b> <b>zska-kar-rj@nic.in</b>
250.	16.	Nagaur	Maj (Retd) Babusingh Rajput Adhikary Zila Sainik Kalyan Karyalaya Near Railway Station Nagaur - 341 001	<b>01582-240776 (O)</b> <b>09828853822 (M)</b> <b>zska-nag-rj@nic.in</b>
251.	17.	Neem Ka Thana (Sikar)	Maj (Retd) Kaptan Singhl Zila Sainik Kalyan Karyalaya, Neem Ka Thana (Sikar)	<b>01574-231920 (O)</b> <b>09001634348 (M)</b> <b>majpradhudayalagria@yahoo.in</b>
252.	18.	Pali	Lt Col (Retd) Guman Singh Adhikary Zila Sainik Kalyan Karyalaya Jaipur Highway Road Pali Sojat Road,	<b>02932-225230 (O)</b> <b>08058248105 (M)</b> <b>zskkpali@yahoo.com</b>



			Pali - 301 406	
253.	19.	Behror	Gp Capt (Retd) SS Dholiya Zila Sainik Kalyan Adhikari Behrod (Alwar) Rajasthan	<b>01494-297084(O)</b> <b>09460983107 (M)</b> <b>dholiyashiv@gmail.com</b>
254.	20.	Shergarh	Col (Retd) Udai Singh Zila Sainik Kalyan Karyalaya, Shergarh (Jodhpur), Rajasthan	<b>02929-243694 (O)</b> <b>09413329031 (M)</b> <b>zska-jod-she-rj@nic.in</b>
255.	21.	Sikar	Maj (Retd) Jisukh Ram Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Collectorate, Sikar-332001	<b>01572-254437 (O)</b> <b>09887291364 (M)</b> <b>zskasikrj@gmail.com</b>
256.	22.	Sri Ganganagar	Col (Retd) BK Chhibbar Adhikary Zila Sainik Kalyan Karyalaya Lakkar Bazar Sri Ganganagar (Rajasthan)	<b>0154-2422547 (O)</b> <b>09610606063 (M)</b> <b>vkchhibber@gmail.com</b>
257.	23.	Tonk	Col (Retd) DL Meena Adhikari Zila Sainik Kalyan Karyalaya 1/17, Housing Board Colony Tonk	<b>01432-245862(O)</b> <b>09414278310 (M)</b> <b>dsboardtonk2012@gmail.com</b>
258.	24.	Udaipur	Lt Col (Retd) DN Sharma Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building 21, Residency Road Udaipur - 313 001	<b>0294-2524724 (O)</b> <b>09460682275 (M)</b> <b><u>zska-uda-rj@nic.in</u></b>
<b><u>SIKKIM</u></b>				
259.	1.	Gangtok East/North Sikkim	Vacant Welfare Officer Zila Sainik Board PS Road, Gangtok East Sikkim - 737 101	<b>03592-201062 (O)</b> <b>09933805796 (M)</b>
260.	2.	Namchi South Sikkim	Sub (Retd) PB Gurung Welfare Officer Zila Sainik Board (South) Namchi, South Sikkim	<b>03595-263003 (O)</b> <b>094334871395 (M)</b> <b>Zsbnamchi12@gmail.com</b>

			Pin - 737 126	
261.	3.	Gyalshing West Sikkim	Sub (Retd) TD Bhutia Welfare Officer Zila Sainik Board, Gyalshing, West Sikkim Pin – 737111	<b>03595-250067 (O)</b> <b>08972685007 (M)</b> <b>zsbgyz@gmail.com</b>
<b><u>TAMIL NADU*</u></b>				
262.	1.	Chennai	Lt Col (Retd) Tmt.A.D.Maria Venitta, Deputy Director, Ex-Servicemen's Welfare Major Parameswaran Memorial Building, 2E, West Mada Street Srinagar Colony, Saidapet Chennai Pin - 600 015 (T N)	<b>044-22350780 (O)</b> <b>09442612294 (M)</b> <b>exwelchn@tn.gov.in</b>
263.	2.	Coimbatore	Lt Col (Retd) Tmt S.Radha Assistant Director, Ex-Servicemen's Welfare Ex Services Centre, Huzur Road, Coimbatore Pin - 641 018 (T N)	<b>0422-2214107 (O)</b> <b>09994770553 (M)</b> <b>exweicbe@tn.gov.in</b>
264.	3.	Cuddalore	Thiru S Mohan,B.Com, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre, No. 33.II Cross Street, Seetharam Nagar,Pudupalayam Cuddalore – 607 001	<b>04142-294732 (O)</b> <b>09486575695 (M)</b> <b>exwelcud@tn.gov.in</b>
265.	4.	Dindigul	Maj (Retd) M.Sureshkumar, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre Master Plan Complex Collectorate Dindigul –624 305	<b>0451-2460086 (O)</b> <a href="mailto:exweldgl@tn.gov.in"><b>exweldgl@tn.gov.in</b></a>
266.	5.	DharmaPuri	Thiru C Sathiamoorthy,B.Sc., Asstt Director Ex-Servicemen's Welfare No. H.49, kalliappa Nivas, TNHB, Avvai Nagar, Othapatti	<b>04342- 230086 (O)</b> <b>09788312867 (M)</b> <b>exweldpi@gmail.com</b>

			<b>Dharmapuri – 636 705</b>	
267.	6.	Erode	Thiru.R. Rajendran,B.A., Asstt Director Ex-Servicemen's Welfare Jawans Bhavan Gandhiji Road, (Near Manickam Theatre) Erode - 638 001 (T N)	<b>0424-2263227(O)</b> <b>09442518331 (M)</b> <b>exwelrd@tn.gov.in</b>
268.	7.	Kancheepuram	Lt.Col(Retd) Tmt.Banu Elumalai, Assistant Director Ex-Servicemen's Welfare No. 2, GST Road, Jeeva Commercial Complex Tambaram Chennai - 600 045	<b>044-22262023(O)</b> <b>09003210050 (M)</b> <b>exwelkpm@tn.gov.in</b>
269.	8.	Kanyakumari	Maj.(Retd)VS jayakumar,M.A, Deputy Director Ex-Servicemen's Welfare Ex-services Centre & Shopping Complex, Railway Feeder Road, Kottar, Nagercoil-629002	<b>04652-243515 (O)</b> <b>09442107209 (M)</b> <b>exwelkkm@tn.gov.in</b>
270.	9.	Krishnagiri	Maj (Retd) MMuthuram,B.Com Assistant Director, Ex-servicemen's Welfare, Ex-service's Centre, 433, Banglore Road, Krishnagiri- 635 001	<b>04343-236134 (O)</b> <b>09488492798 (M)</b> <b>exwelkgi@tn.gov.in</b>
271.	10.	Madurai	Tmt.C. Ramalakshmi, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre, Near Madurai Jn, Railway Station, Railway Colony Madurai - 625 016 (T N)	<b>0452-2308216 (O)</b> <b>exwelmdu@tn.gov.in</b>
272.	11.	Nagapattinam	Vacant Asstt Director Ex-Servicemen's Welfare Gd Floor, Collecorate Complex, Nagapattinam Pin - 611 002	<b>04365-253042 (O)</b> <b>09940827415 (M)</b> <b>exwelngp@tn.gov.in</b>
273.	12.	<b>Namakkal</b>	<b>Tmt. K Pankayar Selvi</b>	<b>04266-233079 (O)</b>

			Asstt Director, Ex-Servicemen's Welfare R.D.O.Office Complex, Mohanur Road, Namakkal – 637 001	<b>09443019291 (M)</b> <b>exsernklad@gmail.com</b>
274.	13.	Pudukottai	Thiru.M.Balasubramanian, Asstt Director Ex-Servicemen's Welfare Ex-Service Centre Kalyanaramapuram 1 <sup>st</sup> Street Thirukokarnam P.O. Pudukottai Pin - 622 002	<b>04322-221593 (O)</b> <b>09940827415 (M)</b> <b>exwelptdk@tn.gov.in</b>
275.	14.	Ramanathapuram	Ex.Capt.S.Vijaykumar Asstt Director Ex-Servicemen's Welfare Ex-Service Centre, MasterPlan Complex, Collectorate, Ramanathapuram Pin – 623503	<b>04567-230045 (O)</b> <b>09486142583 (M)</b> <b>exwelrmd@tn.gov.in</b>
276.	15.	Salem	Ex-Fit.Lt.S Manivannan Deputy Director District Ex-Servicemen's Welfare, Room No.307,3 <sup>rd</sup> Floor Collectorate Complex, Salem, Pin – 636001	<b>0427-2410903 (O)</b> <b>0427-2410903 (F)</b> <b>0936281718 (M)</b> <b>exwelslm@tn.gov.in</b>
277.	16.	Sivagangai	Thiru.R.Jeyagopal, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre Maruthupandiyar Nagar Sivagnagai Pin - 623 560	<b>0457-240483 (O)</b> <b>09655434466 (M)</b> <b>exwelsvg@tn.gov.in</b>
278.	17.	Thanjavur	Vacant Asst Director Ex-Servicemen's Welfare Ex-Servicemen Centre, Muthukumara, Moopanan Road, Opp. Head Post Office, Thanjavur - 613 001 (TN)	<b>04362-230104 (O)</b> <b>09626709001 (M)</b> <b>exweltnj@tn.gov.in</b>

279.	18.	Nilgiris	Thiru.S.Chandrasekar,B.Com Asstt Director Ex-Servicemen's Welfare Ex-Service Centre Goods Shed Road Udhagamandalam - 643 001	<b>0423-2444078 (O)</b> <b>0948728910 (M)</b> <b>exwelnlg@tn.gov.in</b>
280.	19.	Theni	Thiru P.Sivathanu Pillai Asstt Director Ex-Servicemen's Welfare II Floor, Collectorate Complex, Theni-625 531	<b>04546-252185 (O)</b> <b>09486630672 (M)</b> <b>exwelthn@tn.gov.in</b>
281.	20.	Thoothukudi	Thiru A.Don Poduva Fathima Maximas, Asstt Director Ex-Servicemen's Welfare Ex-Servicemen Centre 19-A, Warners Road Cantonment Tirchirapali – 628 003	<b>0461-2321678 (O)</b> <b>09940769680 (M)</b> <b>exweltut@tn.gov.in</b>
282.	21.	Tiruchirapalli	Thiru C.Selvamoorthy,B.Sc., Asstt Director Ex-Servicemen's Welfare Ex-services Centre 19-1, Warners Road Cantonment, Tiruchirapalli-620 001	<b>0431-2410579 (O)</b> <b>09626709001 (M)</b> <b>exweltry@tn.gov.in</b>
283.	22.	Thirunalveli	Maj (Retd) Boni Vincent Asst Director Ex-Servicemen's Welfare Ex-Services Centre Palayamkottai, Tirunelveli - 627 002	<b>0462-2560440 (O)</b> <b>09047099988 (M)</b> <b>exweltnv@tn.gov.in</b>
284.	23.	Thiruvallur	Ex.Lt.Cdr.Tmt.T Sangeetha Asstt Director Ex-Servicemen's Welfare No.6/25, Lal Bahadur Sastri J N Road, Thiruvallur - 602 001	<b>044-27663163 (O)</b> <b>0989433357 (M)</b> <b>exweltlr@tn.gov.in</b>
285.	24.	Tiruvannamalai	Thiru R. Jayakumar Asstt Director Ex-Servicemen's Welfare 1 <sup>st</sup> Floor, Collectorate Complex Vengikkal,	<b>04175-233047 (O)</b> <b>09944517180 (M)</b> <b>exwelvm@tn.gov.in</b>

			Tiruvannamalai – 606 604	
286.	25.	Vellore	Maj (Retd) D Pragasam Deputy Director Ex-Servicemen's Welfare Jawans Bhavan Near Main Telephone Exchange, Vellore-632001	<b>0416-2220432 (O)</b> <b>09442230795 (M)</b> <b>exwvel@tn.gov.in</b>
287.	26.	Villupuram	Vacant (Asst Director) Ex-Servicemen's Welfare Door No. 9, Palanivel Layout Villupuram – 605 602 (T N)	<b>04146-220524 (O)</b> <b>09486575695 (M)</b> <b>exwelvepm@tn.gov.in</b>
288.	27.	Virudhunagar	Thiru. KR Santharam Asstt Director Ex-Servicemen's Welfare Ex-Services Centre 10, Periyaswamy Koil Street Srivilliputhur – 626 125	<b>04563-260382 (O)</b> <b>09894708429 (M)</b> <b>exwelnr@tn.gov.in</b>
<b><u>UTTARAKHAND</u> *</b>				
289.	1.	Almora	Col (Retd) RP Joshi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Chauganpata Almora - 263601 (UK)	<b>05962-230246 (O)</b> <b>05962-232210 (O)</b> <b>05962-232210 (F)</b> <b>zskalm@yahoo.com</b>
290.	2.	Bageshwar	Col (Retd) DK Kaushik Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Kanda Road, Bageshwar (UK)-263642	<b>05963-221751 (O)</b> <b>05963-221751 (F)</b> <b>zskbgr@yahoo.com</b>
291.	3.	Chamoli	Col (Retd) JPS Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Gopeshwar Chamoli – 246 401	<b>01372-252195 (O)</b> <b>01372-251481 (O)</b> <b>01372-251481 (F)</b> <b>09410162232 (M)</b> <b>zsk_gpr@hotmail.com</b>
292.	4.	Champavat	Col (Retd) Chandan Singh Visht Zila Sainik Kalyan Evam	<b>05965-230893 (O)</b> <b>05965-230883 (O)</b> <b>05965-230883 (F)</b>

			Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya, District HQ Champavat (U'Khand)	<b>09410139113 (M)</b> <b>zskchamp@hotmail.com</b>
293.	5.	Dehradun	Brig(Retd) AN Bahuguna,KC, YSM, VSM, Director Zila Sainik Kalyan Evam Punarvas Karyalaya, Kalidass Marg, PO Hathi barkala Dehradun, Pin – 248 001	<b>0135-2626091(O)</b> <b>09319356362 (M)</b> <b>zskddn@gmail.com</b>
294.	6.	Haridwar	Lt Col (Retd) Chander Pal Singh Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Roshanabad Hardwar – 249407	<b>01334-250916 (O)</b> <b>01334-250082 (O)</b> <b>01334-250082 (F)</b> <b>09358134048 (M)</b> <b>zharidwar@yahoo.in</b>
295.	7.	Lansdown (Pauri Garhwal)	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Distt HQ, Lansdown – 246155	<b>01386-262365 (O)</b> <b>01386-263149 (O)</b> <b>01386-263149 (F)</b> <b>09412003292 (M)</b> <b>zsklnsdn@yahoo.co.in</b>
296.	8.	Nainital (Haldwani)	Maj (Retd) B.S.Rautela Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Haldwani Nainital – 263 139	<b>05946-281410 (O)</b> <b>05946-221614 (O)</b> <b>05946-281410 (F)</b> <b>09412089171 (M)</b> <b>zsk_hal@rediffmail.com</b>
297.	9.	Pauri (Garhwal)	Maj (Retd) MS Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Pauri Garhwal Pin – 246 001	<b>01368-220961 (O)</b> <b>01368-223399 (O)</b> <b>01368-223399 (F)</b> <b>09412438392 (M)</b> <b>zskpauri@rediffmail.com</b>
298.	10.	Pithoragarh	Lt Col (Retd) Bhagwan Singh Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya	<b>05964-224185 (O)</b> <b>05964-226771 (O)</b> <b>05964-226771 (F)</b> <b>05964-250494 (R)</b> <b>zsk_pth@yahoo.com</b>

			District HQ , Pithoragarh – 01	
299.	11.	Rudraprayag	Maj (Retd) PB Gurung Zila Sainik Kalyan Evam Punarvas Adhikari Karyalaya Sachchidanand Nagar Badrinath Marg, Rudraprayag (UK)-246 171	<b>01364-233584 (O)</b> <b>01364-233584 (F)</b> <b>zsk_rudraprayag@rediffmail.com</b>
300.	12.	Tehri Garhwal	Lt Cmdr (Retd) Deepak Khanduddi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya New Tehri, Tehri (Garhwal) – 249001	<b>01376-232320 (O)</b> <b>01376-234145 (O)</b> <b>01376-234145 (F)</b> <b>09412108443 (M)</b> <b>zsk.ntt2009@gmail.com</b>
301.	13.	Udhamsingh Nagar	Lt Cdr(Retd) NN Tripathi Zila Sainik Kalyan Evam Punarvas Adhikari Karyalaya Shopping Complex, Rudrapur Udhamsingh Nagar-263153	<b>05944-243435 (O)</b> <b>05944-244826 (O)</b> <b>05944-244826 (F)</b> <b>09411706267 (M)</b> <b>zskausm@gmail.com</b>
302.	14.	Uttarkashi	Maj (Retd) BS Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Uttarkashi - 249193	<b>01374-222417 (O)</b> <b>01374-223305 (O)</b> <b>01374-223305 (F)</b> <b>08979740114 (M)</b> <b>zskuki@rediffmail.com</b>
<b>UTTAR PRADESH</b>				
303.	1.	Agra	Col (Retd) Umesh Chandra Dubey Zila Sainik Kalyan Evam Punarvas Adhikari Agra Pin - 282 001(UP)	<b>0562-2260549 (O)</b>
304.	2.	Aligarh	Lt Col (Retd) Arvind Kumar Zila Sainik Kalyan Evam Punarvas Adhikari Collectorate, Aligarh, Pin - 202001 (UP)	<b>0571-2401763 (O)</b> <b>zskpaligarh@gmail.com</b>
305.	3.	Allahabad	Col (Retd) KL Pathak Zila Sainik Kalyan Evam Punarvas Adhikari	<b>0532-2608454 (O)</b>



			Allahabad - 211 001 (U P)	
306.	4.	Ambedkar Nagar	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Ambedkar Nagar (UP)	<b>05271-246818 (O)</b>
307.	5.	Azamgarh	Lt Col (Retd) Om Prakash Chouby Zila Sainik Kalyan Evam Punarvas Adhikari Azamgarh - 276 001 (U P)	<b>0546-220820 (O)</b>
308.	6.	Bahraich	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Bahraich - 271 801 (U P)	<b>05252-2234775 (O)</b>
309.	7.	Balia	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Balial - 277 001 (U P)	<b>05498-220350 (O)</b>
310.	8.	Balrampur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Balrampur (UP)	<b>05263-235086 (O)</b>
311.	9.	Banda	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Banda - 210 001 (U P)	<b>05192-285392 (O)</b>
312.	10.	Barabanki	Lt Col (Retd) Satyadey Yadav Zila Sainik Kalyan Evam Punarvas Adhikari Barabanki - 225 001 (U P)	<b>05248-222563 (O)</b>
313.	11.	Bareilly	Maj (Retd) Rajendar Singh Zila Sainik Kalyan Evam Punarvas Adhikari Bareilly - 243 001 (U P)	<b>0581-2421794 (O)</b>
314.	12.	Basti	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Basti - 272 001 (U P)	<b>05542-246670 (O)</b>
315.	13.	Badaun	Lt Col (Retd) Moher Singh Zila Sainik Kalyan Evam Punarvas Adhikari Badaun - 243 601 (U P)	<b>05832-267122 (O)</b>

316.	14.	Bhadohi - Sant Ravidasnagar	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Bhadohi (UP)	<b>05414-251229 (O)</b>
317.	15.	Bijnore	Maj (Retd) Vinod Kr Singh Zila Sainik Kalyan Evam Punarvas Adhikari Bijnore Pin - 246 701 (U P)	<b>01342-262994 (O)</b>
318.	16.	Bulandshar	GP. Capt Girish Kumar Jahori Zila Sainik Kalyan Evam Punarvas Adhikari Bulandshahr – 203 001 (U P)	<b>05732-282562 (O)</b>
319.	17.	Chandauli	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Chandauli (UP)	<b>05412-260126 (O)</b>
320.	18.	Chitrakoot	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Chitrakoot (UP)	<b>05198-236475 (O)</b>
321.	19.	Deoria	Maj (Retd) Rameshwar Yadav Zila Sainik Kalyan Evam Punarvas Adhikari Deoria - 274 001 (U P)	<b>05568-222450 (O)</b> <b>05568-260667 (R)</b>
322.	20.	Etah	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Etah - 207 001 (U P)	<b>05742-233753 (O)</b>
323.	21.	Etawah	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Etawah – 206001(UP)	<b>05688-254167 (O)</b>
324.	22.	Faizabad	Lt. Col S Harad Bhatt Zila Sainik Kalyan Evam Punarvas Adhikari Faizabad - 224 001 (U P)	<b>05278-222184 (O)</b>
325.	23.	Farrukhabad - Fatehgarh	Col (Retd) John Tiwari Zila Sainik Kalyan Evam Punarvas Adhikari Fatehgarh - 209 601(U P)	<b>05692-234659 (O)</b>
326.	24.	Fatehpur	Vacant Zila Sainik Kalyan Evam	<b>05180-224232 (O)</b>

			Punarvas Adhikari Fatehpur - 212 601 (U P)	
327.	25.	Firozabad	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Firozabad - 283 203 (U P)	<b>05612-230944 (O)</b>
328.	26.	Gautambudh Nagar	Wg Cdr (Retd) Mahesh Chander Panday Zila Sainik Kalyan Evam Punarvas Adhikari Old Degree College, Sector-19 Gautambudh Nagar (UP)	<b>0120-4544814 (O)</b>
329.	27.	Ghaziabad	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari KH-171, New Kavi Nagar Ghaziabad - 201 001 (U P)	<b>0120-2822643 (O)</b>
330.	28.	Ghazipur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Ghazipur – 233 001 (U P)	<b>0548-2220240 (O)</b>
331.	29.	Gonda	Maj (Retd) Rajendar Singh Zila Sainik Kalyan Evam Punarvas Adhikari, Gonda - 271 001 (UP)	<b>05262-230038 (O)</b>
332.	30.	Gorakhpur	Maj (Retd) Ram Mohan Pandey Zila Sainik Kalyan Evam Punarvas Adhikari Gorakhpur - 273 001 (U P)	<b>0551-2337643 (O)</b>
333.	31.	Hamirpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Hamirpur – 210 301 (U P)	<b>05282-222319 (O)</b>
334.	32.	Hardoi	Col (Retd) Laxmi Kant Tiwari Zila Sainik Kalyan Evam Punarvas Adhikari Hardoi - 241 001 (U P)	<b>05852-234733 (O)</b>
335.	33.	Hathras	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Hathras (UP)	<b>05722-237906 (O)</b>

336.	34.	Jalaun - Orai	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jalaun - 285 001, (U P)	<b>05162-252798 (O)</b>
337.	35.	Jaunpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jaunpur - 222 001, (U P)	<b>05452-261110 (O)</b>
338.	36.	Jhansi	Vacant Zila Sainik Klayan Evam Punarvas Adhikari Jhansi - 284 001 (U P)	<b>0510-2470049 (O)</b>
339.	37.	Jotiba Phulenagar	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jotiba Phulenagar- 244261,(UP)	<b>0592-2225374 (O)</b> <b>0592-259988 (F)</b>
340.	38.	Kanpur Dehat	Maj (Retd) Shiv Vijay Singh Zila Sainik Kalyan Evam Punarvas Adhikari Kanpur Dehat - 208 001, (U P)	<b>05111-286033 (O)</b>
341.	39.	Kanpur Nagar	Capt (Retd) Sharad Kr Singh Zila Sainik Kalyan Evam Punarvas Adhikari Kanpur Nagar - 208 001, (U P)	<b>0512-2306648 (O)</b>
342.	40.	Kaushambi	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Kaushambi, (U P)	<b>05331-235642 (O)</b>
343.	41.	Kheri	Col (Retd) Chandra Prakash Misra Zila Sainik Kalyan Evam Punarvas Adhikari Lakhimpur, Khiri - 260 701 (UP)	<b>05872-252757 (O)</b>
344.	42.	Kushinagar	Col Arun Prakash Pandey Zila Sainik Kalyan Evam Punarvas Adhikari, Kushinagar	<b>05564-246210 (O)</b>
345.	43.	Lucknow	Col (Retd) Hirdey Narayan Kaushal Zila Sainik Kalyan Evam Punarvas Adhikari, Sainik Bhawan,Kaiserbagh	<b>0522-2622367 (O)</b>

			Lucknow – 226 001 (U P)	
346.	44.	Maharaj Ganj	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Maharaj Ganj - 273 303 (U P)	<b>05523-223863 (O)</b>
347.	45.	Mahoba	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mahoba - 210 421 (UP)	<b>05281-253032 (O)</b>
348.	46.	Mainpuri	Maj (Retd) Suresh Chandra Yadav Zila Sainik Kalyan Evam Punarvas Adhikari Mainpuri – 205 001 (U P)	<b>05672-234890 (O)</b>
349.	47.	Mathura	Gp Capt (Retd) Vijay Krishan Dutta Zila Sainik Kalyan Evam Punarvas Adhikari Mathura - 281 001 (U P)	<b>0565-2505749 (O)</b>
350.	48.	Mau	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mau - 275 101 (U P)	<b>0547-2225816 (O)</b>
351.	49.	Meerut	Lt Col (Retd) Dilip Kr Dass Zila Sainik Kalyan Evam Punarvas Adhikari Meerut - 250 001 (U P)	<b>0121-2644551(O)</b>
352.	50.	Mirzapur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mirzapur – 231 001 (U P)	<b>05442-256372 (O)</b>
353.	51.	Moradabad	Col (Retd) Naresh Kumar Singh Zila Sainik Kalyan Evam Punarvas Adhikari Moradabad - 244 001 (UP)	<b>0591-2412260 (O)</b>
354.	52.	Muzaffarnagar	Maj (Retd) Sanjai Srivastava Zila Sainik Kalyan Evam Punarvas Adhikari Muzaffarnagar - 251 001 (U P)	<b>0131-2437623 (O)</b>
355.	53.	Pilibhit	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari	<b>05882-258882 (O)</b>

			Pilibhit – 262 001 (U P)	
356.	54.	Pratapgarh	Lt. Col Rakesh Kr. Singh Zila Sainik Kalyan Evam Punarvas Adhikari Pratapgarh - 230 001 (U P)	<b>05342-220891 (O)</b>
357.	55.	Rampur	Zila Sainik Kalyan Evam Punarvas Adhikari Rampur- (UP)	<b>0595-2350022 (O)</b>
358.	56.	Raibareilly	Wg Cdr(Retd) SN Diwedi Zila Sainik Kalyan Evam Punarvas Adhikari, Sainik Bhawan Near Collectorate Building Raibareilly - 229 001 (U P)	<b>0535-2203554 (O)</b>
359.	57.	Saharanpur	Gp Capt (Retd) J.S.Chouhan Zila Sainik Kalyan Evam Punarvas Adhikari Saharanpur Pin - 247 001 (U P)	<b>0132-2643629 (O)</b>
360.	58.	Shahjahanpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Shahjahanpur - 242 001 (UP)	<b>05842-223005 (O)</b>
361.	59.	Siddharth Nagar	Zila Sainik Kalyan Evam Punarvas Adhikari, Khajuriya Road Siddharth Nagar-272 207 (UP)	<b>05544-220345 (O)</b>
362.	60.	Sitapur	Col (Retd) Arvind Khare Zila Sainik Kalyan Evam Punarvas Adhikari, Sitapur - 261001 (UP)	<b>05862-242055 (O)</b>
363.	61.	Sonbhadra	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Sonbhadra – 231 216 (U P)	<b>05444-223885 (O)</b>
364.	62.	Sravasti	Zila Sainik Kalyan Evam Punarvas Adhikari Dhavasti Tehsil Compound Post Bhinaga, Sravasti (UP)	<b>05250-222654 (O)</b>
365.	63.	Sultanpur	Sri Shyan Lal Zila Sainik Kalyan Evam Punarvas Adhikari	<b>0536-240416 (O)</b>

			Sultanpur - 228 001 (U P)	
366.	64.	Unnao	SQ. Leader Madhu Mishra Zila Sainik Kalyan Evam Punarvas Adhikari, Unnao – 209801 (U P)	<b>0515-2820544 (O)</b>
367.	65.	Varanasi	Maj (Retd) MA Ansari Zila Sainik Kalyan Evam Punarvas Adhikari Varanasi - 221 001 (U P)	<b>0542-2508254 (O)</b>
368.	66.	Kanshiram Nagar	Vacant	
369.	67.	Sant Kabirdas	Vacant	
370.	68.	Bagpat	Col (Retd) Suresh Kumar Zila Sainik Kalya Adhikari Bagpat	
371.	69.	Auraiya	Vacant	
372.	70.	Lalitpur	Vacant	
373.	71.	Kannoj	Vacant	
<b><u>WEST BENGAL *</u></b>				
374.	1.	Behrampore Distt Murshidabad (WB)	Maj (Retd) DR Chatterjee Secretary Zila Sainik Board 7/A, Barrack Square, PO- Behrampore Murshidabad (WB) – 742 101	<b>03482-277459 (O)</b> <b>zsbmurshidabad@yahoo.in</b>
375.	2.	Burdwan	Cdr (Retd) S Biswas NM Secretary Zila Sainik Board, Sainik Bhavan, Barnoilpur Road, PO- Sripally Distt-Burdwan – 713 103	<b>0342-2644782 (O)</b> <b>03422625703 (O)</b> <b>09831222277 (M)</b> <b><u>zsbbdn@yahoo.com</u></b>
376.	3.	Dakshin Dinajpur + Uttar Dinajpur	Sqn Ldr (Retd) S Chakraborty Secretary Zila Sainik Board, Raghunathpur PO: Beltlala Park West Bengal – 733 103	<b>03522-258175 (O)</b> <b>03522-258175 (O)</b> <b>03522-255488 (O)</b> <b>09433313068 (M)</b> <b>zilasainikboarddd@gmail.com</b>
377.	4.	Darjeeling	Vacant Secretary Zila Sainik Board Sainik Bhavan	<b>0354-2254056 (O)</b> <b>09434044501 (M)</b> <b>secyzsbdj@dataone.in</b> <b>zsbdarjeeling@gmail.com</b>

			Kutchery Compound Darjeeling – 734 101	
378.	5.	Howrah +Hooghly	Lt Col (Retd) Bidyut Chakraborty Secretary, Zila Sainik Board 5th Floor, New Collectorate Building Howrah Pin – 711 101	<b>033-26414694 (O)</b> <b>033-26603367 (F)</b> <b>09339828994 (M)</b> <b>zsbhowrah@yahoo.in</b>
379.	6.	Jalpaiguri +Cooch- Bihar	Capt (Retd) Rama Kant Jaiswal Secretary Zila Sainik Board Collectorate Complex Jalpaiguri Pin - 735101	<b>03561-230848 (O)</b> <b>09434258405 (M)</b> <b>zsbjal@gmail.com</b>
380.	7.	Kolkata	Wg Cdr (Retd) Bhaskar Ghosh Secretary Zila Sainik Board Sainik Bhavan, 1/4, Acharya Jagdish Bose Road, Kolkata Pin - 700 020	<b>033-22233893 (O)</b> <b>09874510300 (M)</b> <b>zilasainikboardkolkata@yahoo o.in</b>
381.	8.	Malda	Maj (Retd) KK Chatterjee Secretary Zila Sainik Board, Malda Collectorate Building, PO + Dist – Malda Pin – 732101	<b>03512-223546 (O)</b> <b>09474893153 (M)</b> <b>zsbmalda@yahoo.in</b>
382.	9.	Midnapore Distt- East Midnapore + West Midnapore + Bankura + Purulia	Vacant Secretary Zila Sainik Board Midnapore Sainik Bhavan, Rabindranagar PO + Dist- Paschim Midnapore Pin – 721101	<b>03222-275874 (O)</b> <b>0322-275427 (F)</b> <b>09432267923 (M)</b> <b><u>zsb.midnapore@yahoo.com</u></b>
383.	10	Nadia (Krishnagar)	Vacant Zila Sainik Board Krishnagar Administrative Building, PO- Krishnagar Dist- Nadia, Pin- 741101	<b>03472-252287 (O)</b> <b>03472-253030 (O)</b> <b>zsbnadia@yahoo.com</b>
384.	11	24 Pgs	Vacant	<b>033-25628538 (O)</b>



	.	(North)	Secretary, Zila Sainik Board o/o. Minority Affairs Bhavan West Banamalipur, PO- Barasat Dist-24 Pgs (North), Pin-743 201	<b>09239025107 (M)</b> <b>zsbbarasat@yahoo.in</b>
385.	12	Alipore, 24 Pgs (South)	Vacant Secretary, Zila Sainik Board, New Administrative Building, West Lobby(3rd Floor) PO- Alipore, Kolkata 700 027	<b>033-24790542 (O)</b> <b>033-24793456 (F)</b> <b>zsbalipore@yahoo.in</b>