

ZILA SAINIK WELFARE OFFICES/ZILA SAINIK BOARDS

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
<u>ANDHRA PRADESH *</u>				
1.	1	Adilabad	Sri A. Shanker, Zilla Sainik Welfare Officer (FAC) H.No.13-309,Near Auto Stand Drivers Colony, Kailas Nagar Adilabad - 504 002	08732-227063 (O) 09849903663 (M) zsw_adb@yahoo.com
2.	2	Anantapuram	Maj (Retd) T. Mahesh Kumar (FAC) Zilla Sainik Welfare Officer Sainik Bhavan Near Clock Tower Anantapur – 515001	08554-241146 (O)/(F) 08332980026 (M) zswuatp@yahoo.in
3.	3	Chittoor	Maj (Retd) T Mahesh Kumar Zilla Sainik Welfare Officer (FAC) D.No.4-479,C.B. Road, Greampet Chittoor – 517 002	08572-228682 (O)/(F) 08332980026 (M) zswoctr@gmail.com
4.	4	East Godavari @ Kakinada	Sri A.V. Ramana Murty (FAC) Zilla Sainik Welfare Officer Sainik Bhavan, Treasury Compound Kakinada – 533 001 East Godavari District	0884-2375308 (O)/(F) 09441463029 (M) zswokkd@yahoo.in
5.	5	Guntur	Sri G.Satyanandam (FAC) Zilla Sainik Welfare Officer Sainik Bhavan Opp Hindu College Guntur – 522 001	0863-2225853 (O)/(F) 09441638708 (M) zswognt@yahoo.co.in
6.	6	Hyderabad	Ex-Lt (IN) K.Praveen Kumar Zilla Sainik Welfare Officer H.No.6-1-285/2, 1 st Flr, Back side of Gharonda Super Market, Padmaraonagar Secunderabad -500025 Hyderabad District	040-27503132 (O)/(F) 09440866059 (M) zswohyd1@yahoo.com

7.	7	Kadapa	S.Basha Mohiddin Zilla Sainik Welfare Officer Sainik Bhavan Opp APS RTC Bus-stand Kadapa – 516 002	08562-244558 (O)/(F) 09866317304 (M) kdp.zswo@yahoo.com
8.	8	Karimnagar	Sri K. Krishna Reddy Zilla Sainik Welfare Officer (FAC) Sainik Bhavan Opp Revenue Club Karimnagar – 505 001	0878-2240622 (O)/(F) 09849904353 (M) zswoknr@yahoo.com
9.	9	Khammam	Sri P R Sastry (Deputation) Zilla Sainik Welfare Officer H.No:11-10-762/6 Raparathi Nagar By-pass Road Near Registrar Office Khammam - 507 102	08742-234888 (O)/(F) 08008285566 (M) zswokmm87@gmail.com
10.	10	Krishna @ Vijayawada	Sri G. Satyanandam Zilla Sainik Welfare Officer (FAC) Indira Gandhi Municipal Complex Labbipet Vijayawada – 520010	0866-2473330 (O)/(F) 09441638708 (M) zswovja@yahoo.in
11.	11	Kurnool	Sri G. Rachaiah (Deputation) Zilla Sainik Welfare Officer (FAC) Sainik Bhavan, B- Camp Kurnool – 518 002	08518-229445 (O)/(F) 09494510499 (M) zswoknl@yahoo.in
12.	12	Mahabubnagar	Ex-Fit Lt (Dr) M Sri Balaji Zilla Sainik Welfare Officer H. No. 5-1-241, 1 st Floor, Beside Income Tax Office DEO Officer Road Mahabubnagar- 509 001	08542-223468 (O)/(F) 09989403636 (M) zswomhb@yahoo.in
13.	13	Medak - Sangareddy	Sri M Narendra Reddy Zilla Sainik Welfare Officer Integrated Collectorate Complex, 2 nd Floor, North West Block, Sangareddy - 502 001 Medak District	08455-276734 (O)/(F) 09966170084 (M) zswomdk@ymail.com

14.	14	Nalgonda	N Sreenesh Kumar Zilla Sainik Welfare Officer (FAC) H.No:6-4-165 (New) Opp Nagarjuna Degree College, Ramgiri 'X' Rd Nalgonda - 508 001	08682-224820 (O)/(F) 09440039383 (M) zswonlg@yahoo.in
15.	15	SPS Nellore	Shri Dr. V.Koteswara Rao Zilla Sainik Welfare Officer Sainik Bhavan, Kondagapalem Gate, Centre Dargamitta, SPSR Nellore – 524 004	0861-2328419 (O)/(F) 09849906012 (M) zswonlr@yahoo.co.in
16.	16	Nizamabad	Sri P. Venkatesham(FAC) Zilla Sainik Welfare Officer H.No.6-2-200/83-C Subhash Nagar Nizamabad - 503 002	08462-238509 (O)/(F) 09666617999 (M) zswonzb@yahoo.com
17.	17	Prakasam – Ongole	Dr. B. Ravi (FAC) Zilla Sainik Welfare Officer 8 th Portion,Ground Floor Old RIM Hospital Bhavan Opp: Collector Office Ongole- 523 001	08592-233086 (O)/(F) 09849909076 (M) zswooogl@yahoo.in
18.	18	Ranga Reddy	Sri N Sreenesh Kumar Zilla Sainik Welfare Office 2nd Floor, East Wing, Plot No. 10, Suryanagar Colony, Somajiguda R.R. District Hyderabad - 500 004	040-23392232 (O)/(F) 09440039383 (M) zsworr@yahoo.co.in
19.	19	Srikakulam	Sri V.V Raja Rao (FAC) Zilla Sainik Welfare Officer Pedda Relli Veedhi Near St. Joseph School Srikakulam - 532 001	08942-227688 (O)/(F) 09247866059 (M) zswosklm@yahoo.com
20.	20	Visakhapatna m	Ex-Capt (Dr) P Satya Prasad Zilla Sainik Welfare Officer Sainik Bhavan, Maharani pet Visakhapatnam (Pin - 530 002)	0891-2706511 (O)/(F) 09848190308 (M) zswovsp@yahoo.com
21.	21	Vizianagara m	Sri V.V Raja Rao Zilla Sainik Welfare Officer	08922-274743 (O)/(F) 09247866059 (M)

			Sainik Bhavan Cantonment Post Vizianagaram (Pin – 531 202)	zswovzm@yahoo.in
22.	22	Warangal	Smt T Vanaja Zilla Sainik Welfare Officer Sainik Bhavan Kanaka Durga Colony Waddepally Warangal - 506 370	0870-2456018 (O)/(F) 09908056298 (M) zswowgl@yahoo.com
23.	23	West Godavari @ Eluru	Sri AV Ramana Murty Zilla Sainik Welfare Officer D.No.12-60 State Bank Colony St. Xavier Nagar Eluru - 534 002	08812-253687 (O)/(F) 09441463029 (M) zswowgl@yahoo.com
ASSAM *				
24.	1.	Cachar	Hony Capt (Retd) KBL Singha Zila Sainik Welfare Officer Zila Sainik Welfare Officer Park Road Silchar PO.& Dist-Silchar Pin – 788001	03842-231115 (O) 09678084431 (M) zsbccachar@gmail.com
25.	2.	Dibrugarh	Col (Retd) P.K.Deori Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO/Dist - Dibrugarh – 786 003	0373-2310083 (O) 09864045385 (M) zsbdbibrugarh@gmail.com
26.	3.	Dhubri	Hony Capt (Retd) Prem Kumar Brahma Zila Sainik Welfare Officer Zila Sainik Welfare Office In Front of DC Office PO Dhubri - 783301	03662-232662 (O) 09435322419 (M)
27.	4.	Jorhat	Col (Retd) Mukti Nath Nath Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex Distt Jorhat - 785 001	0373- 2309317 (O) 9859924839 (M) zsbjorhat@gmail.com
28.	5.	Kamrup	Cdr (Retd) U.C.Barman The Welfare Office Zila Sainik Welfare Office Kamrup, Guwahati – 01 C/oOffice of the Deputy	0361-2733147(O) 08876591173 (M) zsbkamrup@gmail.com

			Commissioner, Kamrup (Metro), Guwahati - 781 001	
29.	6.	Kokrajahar	Col (Retd) Shibben Ch. Roy Zila Sainik Welfare Officer Zila Sainik Welfare Office RNB Road (Near Head Post Office) Kokrajahar - 783 370	03661- 218239 (O) 09859930418 (M) zsbkokrajhar@gmail.com
30.	7.	Karbi Anglong	Vacant Zila Sainik Welfare Officer Zila Sainik Welfare Office Karbi Anglong PO Diphu - 782 460	03671-274981 (O) zsbkarbianglong@gmail.com
31.	8.	Lakhimpur	Hony Capt (Retd) NS Baruah Zila Sainik Welfare Officer, Zila Sainik Welfare Office North Lakhimpur - 787 001	03752-242228 (O) 07896651611 (M) zslakhimpur@gmail.com
32.	9.	Nagaon	Col (Retd) D.K. Duarah Zila Sainik Welfare Officer Zila Sainik Welfare Office P.O.Nagaon - 782 001	03672-233665 (O) 09577627893 (M) zsbnagaon@gmail.com
33.	10.	Sonitpur	Hony Capt (Retd) Lohit Chandra Bhuyan Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Sonitpur PO Tezpur - 784 001	03712-233977 (O) 09678071381 (M) zsbsonitpur@gmail.com
34.	11.	Barpeta	Col (Retd) Dharani Dhar Sarma Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex Dist Barpeta- 781 301	03665- 252193 (O) 08876588611 (M) zsbbarpeta@gmail.com
35.	12.	Goalpara	Hony Capt (Retd) Phulen Ch Ray Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Goalpara – 783 101	03663-240223 (O) 08011331517 (M) zsbgoalpara@gmail.com
36.	13.	Darrang	Hony Capt (Retd) Dimbeswar Das	03713-225899 (O) 09957415979 (M)

			Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO- Mangaldai Dist Darrang Pin-784 152	zsbdarrang@gmail.com
37.	14.	Karimganj	Hony Capt (Retd) JR Sinha Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Karimganj Pin- 788710	03843-260248 (O) 09954990330 (M) zsbkarimganj@gmail.com
<u>BIHAR</u>				
38.	1.	Bhojpur	Col (Retd) Shri Pramod Kumar Zila Sainik Kalyan Karyalaya, Kutchehri Road Arrah-802301	06182-222866 (O) 09534739779 (M) <u>Patpondy2005@yahoo.com</u>
39.	2.	Bhagalpur	Sri Lalan Kumar Singh Sr. Dy Collector cum Zila Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Tilaka Manjhi Bhagalpur - 812 001	0641-2400821 (O) 09431095882 (M) zskofficebhagalpur@gmail.com
40.	3.	Chhapra	Shri BN Jha Sr Dy Collector cum Zila Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, New Bus Stand, Chapra- 841301	06152-236714 (O) 09471205152 (M) zskofficechhapra@gmail.com
41.	4.	Darbhangha	Smt Sudha Gupta Sr Dy Collector cum Zila Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, Polo Ground Darbhanga – 846001	06272-243728 (O) 09431331907 (M) zskofficedarbhangha@gmail.com
42.	5.	Gaya	Md. Naushad Ahmad NDC Dy Collector cum Zila Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Gaya – 823001	0631-2421708 (O) 09801377086 (M) zskofficegaya@gmail.com
43.	6.	Motihari	Shri Dharmendra Kumar Sr. Deputy Collector cum Zila Sainik Kalyan Padadhikari	06252-238278 (O) 09934914639 (M) zskofficemotihari@gmail.com

			Zila Sainik Kalyan Karyalaya Motihari	
44.	7.	Munger	Shri Birendra Kumar Sr. Deputy Collector cum Zila Sainik Kalyan Zila Sainik Kalyan Karyalaya Munger	06344-227345 (O) 09852041680 (M) zskofficemunger@gmail.com
45.	8.	Muzaffarpur	Shri Arjun Pratap Chandra D.C.L.R. (Muz East) Zila Sainik Kalyan Karyalaya Muzaffarpur	0621-2215373 (O) 09507402956 (M) zskofficemuzaffarpur@gmail.com
46.	9.	Patna	Col (Retd) Shri Pramod Kumar (Addl Charge) Sainik Kalyan Nideshalaya cum Zila Sainik Kalyan Padadhikari Patna	0612-2201026 (O) 09534739779 (M) zskofficepatna@gmail.com
CHHATTISGARH *				
47.	1.	Bilaspur	Gp Capt (Retd) AK Pathak Distt Sainik Welfare Officer Near Collectorate Parisar Bilaspur - 495 004 (CG)	07752-422121 (O) 07752-422121 (F) 09981199618 (M) zsk.bsp.cg@gmail.com
48.	2.	Durg	Col (Retd) R K Soni Distt Sainik Welfare Officer Raipur Naka, Near BSNL Tower, Durg - 491 001 (CG)	0788-2329939 (O) 0788-2329939 (F) 08305343232 (M) dswodurg@yahoo.com
49.	3.	Jagdalpur	Gp Capt (Retd) S K Das District Sainik Welfare Officer Surbhi Kunj, Near Balram Press, Balaji Ward, Jagdalpur, Bastar- 494001(CG)	07782-231347 (O) 07782-231347 (F) 09650220617 (M) dswoidp@gmail.com
50.	4.	Raipur	Cdr(Retd) Shailendra Kumar Distt Sainik Welfare Officer Near Collectorate Behind Home Guard Office Raipur - 492 001 (CG)	0771-2427449 (O) 0771-2427449 (F) 09039021817 (M) dswod.raipur@gmail.com
51.	5.	Rajnandgaon	Wg Cdr (Retd) A Srinivas Rao Distt Sainik Welfare Officer Near Old PWD Rest House Rajnandgaon - 491 441 (CG)	07744-226862 (O) 07744-226862 (F) 08129994545 (M) dsworjn.cg@nic.in

52.	6.	Jashpur	Gp Capt (Retd) DN Panda District Sainik Welfare Officer District Sainik Welfare Officer Cheer Bagicha, Jashpur (CG) Pin – 496 331	07763-220954 (O) 07763-220954 (F) 08962847928 (M) <u>dswojsp@gmail.com</u>
53.	7.	Ambikapur (Sarguja)	Vacant (Offg Dy Collector) District Sainik Welfare Officer Collectorate Campus Ambikapur, Surguja (CG) Pin Code- 497 001	07774-221721 (O) 07774-221721 (F) 08959508590 (M) <u>zsb.ambikapur@gmail.com</u>
54.	8.	Baikuntpur (Koria)	Vacant (Offg Dy Collector) District Sainik Welfare Officer Odgi Naka, Near Petrol Pump Baikuntpur, Koria (CG) Pin Code – 497 335	07836-233586 (O) 07836-233586 (F) <u>dswobkpur@gmail.com</u>
55.	9.	Kanker	Vacant (Offg Dy Collector) District Sainik Welfare Office Shitlapara Road, R.E.S. Colony Kanker (CG) - 494334	07868-200021 (O)
56.	10.	Raigarh	Vacant (Offg Dy Collector) District Sainik Welfare Officer Boirdadar, Vinobanagar Raigarh Pin Code - 496001	07762- 215766
<u>GUJARAT</u>				
57.	1.	Ahmedabad	Maj (Retd) Vikramsinh Jadeja District Sainik Welfare and Resettlement Office, Behind Thaltej TV Tower, Near Drivein Cinema Thaltej, Ahmedabad -380054	079-2463820 (O) 079-26851382 (F) <u>zsb_abd@rediffmail.com</u>
58.	2.	Vadodara	Lt Col (Retd) Virendra Singh Chudasama District Sainik Welfare and Resettlement Office, Military Boys Hostel, Chhani Road Vadodara- 390002	0265-2772666 (O) 0265-2772666 (F) <u>zsb_vad@rediffmail.com</u>
59.	3.	Jamnagar	Maj (Retd) Mahipat Gadhavi (Addl Charge) District Sainik Welfare and Resettlement Office,	0288-2558311(O) 0283-2558311(F) <u>zsb_jamnagar09@rediffmail.com</u>

			Lal Bungalow Sankul Jamnagar-361001	
60.	4.	Surat	Maj (Retd) JPS Jadeja District Sainik Welfare and Resettlement Office, MS Building, A Block, 1 st Floor, Nanpura, Surat-395001	0281-2476825 (O) 0261-2463820 (F) zsb_srt@rediffmail.com
61.	5.	Rajkot	Maj (Retd) Mahipat Gadhavi District Sainik Welfare and Resettlement Office Ex-Servicemen Rest House Near RUDA Office Rajkot-360001	079-26857382(O) 0281-2476825 (F) zsb_rjt@rediffmail.com
62.	6.	Sabarkantha (Himatnagar)	Gp Capt (Retd)MM Patal District Sainik Welfare and Resettlement Office MS Buildings, Jilla Seva Sadan `C' Block, 1 st floor, Himatnagar (Sabarkantha)	02772-246630 (O) 02772-246620 (F) zsb_sk@rediffmail.com.com
63.	7.	Kutchh	Sri KP Pandya (Addl Charge) District Sainik Welfare and Resettlement Office, 114, Seva Sadan, Bhuj – 370001 Dist – Kutchh – Bhuj	<u>zsb_ktc@rediffmail.com</u>
64.	8.	Mahesana	Lt Col (Retd) Krishnadeep singh District Sainik Welfare and Resettlement Office, Block No.-2, 3 rd Floor, jilla Seva Sadan Raj Mahel Road Mahesana - 384001	02762- 220235 (O) 02762 – 220235 (F) zsb_meh@rediffmail.com
<u>HARYANA</u>				
65.	1.	Ambala	Maj (Retd) Jai Singh Phogat Secretary Zila Sainik Board Mall Road (Sainik Road House) Ambala Cantt - 133001 Distt. Ambala (Haryana)	0171-2530557 (O) 0171-2640557 (F) zsbambcantt@gmail.com
66.	2.	Bhiwani	Lt Col(Retd)Aman Singh	01664-243538 (O)

			Yadav Secretary, Zila Sainik Board Railway Road Bhiwani - 125 021	zsbwbn@gmail.com
67.	3.	Faridabad	Col (Retd) Chandra Kant Roy Secretary, Zila Sainik Board Sector -16, Faridabad – 121001	0129-2287304 (O) zsbwbn@gmail.com
68.	4.	Fatehabad	Lt Col (Retd) Sarita Yadav Secretary, Zila Sainik Board 24-A, Industrial Area Fatehabad (Haryana)	01667-224219 (O) zsbfatehabad@rediffmail.com
69.	5.	Gurgaon	Lt Col (Retd) Surender Kaajla Secretary Zila Sainik Board Opp Apna Bazar, Civil Lines, Gurgaon - 122001	0124-2320730 (O) zsb ggn @g mail.com secretarysainikboardgurgaon @rediffmail.com
70.	6.	Hisar	Col (Retd) V K Goindi Secretary, Zila Sainik Board, Sainik Rest House, Near Old Court Road, Hissar (Haryana)	01662-272901 (O) zsb.hisar@rediffmail.com
71.	7.	Jhajjar	Wg Cdr (Retd) KK Yadav Secretary Zila Sainik Board, Priya Colony, Near Distt Social Welfare office Jhajjar (Haryana) - 124103	01251-254236 (O) secy.zsbjir@yahoo.com
72.	8.	Jind	Maj (Retd) Balwinder Singh Zila Sainik Board Sainik Rest House Jind – 126102	01681-245254 (O) zsbjind@yahoo.com
73.	9.	Kaithal	Maj (Retd) Balwinder Singh (Addl Charge) Secretary, Zila Sainik Board Bldg No.761/13, Amargarh Gamri, Opp Gali No. 3 Kaithal - 132 027	01746-223731 (O) secretaryzsbkaithal@gmail.com
74.	10.	Karnal	Col(Retd) Ravinder Singh Secretary, Zila Sainik Board Near Distt Session Court GT Road, Karnal – 132801	0184-2272589 (O) secretaryzsbknl@yahoo.in

75.	11.	Kurukshetra	Col (Retd) VK Goindi Secretary, Zila Sainik Board Shopping Complex Sainik Rest House, Sector-13, Urban State, Kurukshetra – 132118	01744-220922 (O) zsbkk@gmail.com
76.	12.	Narnaul	Maj (Retd) Vidyanand Secretary, Zila Sainik Board Sainik Rest House Narnaul - 123001	01282-250259 (O) zsb_nnl@yahoo.com
77.	13.	Panchkula	Lt Col (Retd) Naresh Secretary, Zila sainik Board SCO No.101, First Floor Sector -11 Panchkula -134 017(Haryana)	0172-584213 (O) secretaryzsbpkl@yahoo.in
78.	14.	Panipat	Maj (Retd) DPS Budhwar (Additional Charge) Secretary, Zila Sainik Board Kothi No.118, Adarsh Nagar [(Near Post Office, CSD (I) Canteen], Panipat - 132 103	01742-650311 (O) zsbnp@gmail.com
79.	15.	Rewari	Maj (Retd) Pratap Singh Secretary, Zila Sainik Board Rewari - 123 401	01274-224341 (O) secretaryzsbwr.zsb28@gmail.com
80.	16.	Rohtak	Capt (Retd) VS Narwal Secretary, Zila Sainik Board Civil Lines, Opp Chhotu Ram Park, Rohtak -124001	01262-242687 (O) zsbrohtal@rediffmail.com
81.	17.	Sirsa	Lt Col (Retd) Sarita Yadav (Additional Charge) Secretary, Zila Sainik Board Mini Secretariat Complex Sirsa - 125055	01666-247339 (O) zsbdrs@gmail.com
82.	18.	Sonepat	Maj (Retd) DPS Budhwar Secretary, Zila Sainik Board Gohana Road, Near New Police Lines Sonepet - 131001	0130-2242659 (O) zsb_spt@gmail.com
83.	19.	Yamuna Nagar	Col (Retd) S Virender Mohan Secretary, Zila Sainik Board, Yamuna Nagar Housing Board Colony, Sector – 18, HUDA Jagadhri,	01732-211892 (O)/(F) secryzsbynr@rediffmail.com

			Yamuna Nagar-135001	
84.	20.	Palwal	Maj (Retd) RK Sharma Secretary, Zila Sainik Board, 4, Civil Lines, Near Hero Honda Agency, Hodal Road, Palwal, Haryana - 121 102	01275-202509 (O)
<u>HIMACHAL PRADESH</u>				
85.	1.	Bilaspur	Addl Chg to Deputy Commissioner, Bilaspur (Addl Charge) Deputy Director Zila Sainik Welfare Office Bilaspur - 174 029 (H.P)	01978-222343 (O) 01978-266550 (R) 01978-223065 (F) blphp@yahoo.com
86.	2.	Chamba	AC to DC, Chamba (Addl Charge) Deputy Director Zila Sainik Welfare Office Chamba – 176314	01899-222357 (O) dswochamba@gmail.com
87.	3.	Hamirpur	AC to DC, HamirPur (Addl Charge) Deputy Director Zila Sainik Welfare Office Hamirpur - 177 001 (H.P)	01972-222334 (O) sainikwelfarehamirpur@gmail. com
88.	4.	Kangra - Dharmashal a	Sqn Ldr (Retd)Manoj Rana Dy Director Zila Sainik Welfare Office Kangra at Dharamshala-176215	01892-223279 (O) deputydirectorswkangra@gm ail.com
89.	5.	Kullu	AC to DC, Kullu(Addl Charge) (Addl Charge) Deputy Director Zila Sainik Welfare Office Kullu - 175101 (HP)	01902-222272 (O) dd_zswo_kul_hp@nic.in
90.	6.	Mandi	AC to DC, Mandi (Addl Charge) Deputy Director Zila Sainik Welfare Office Vijay Palace Colony Mandi (HP) – 175001	01905-222120 (O) ddrzswo@gmail.com
91.	7.	Shimla + Kinnaur	AC to DC, Shimla (Addl Charge) Deputy Director Zila Sainik Welfare Office Longwood, Shimla – 171001 (HP)	0177-2658586 (O) ddsw.sml.knr@gmail.com

92.	8.	Sirmour at Nahan	AC to DC Nahan(Addl Charge) Dy Director Zila Sainik Welfare Office Sirmour At Nahan - 173001	01702-222551 (O) sainikwel.sir.hp@nic.in
93.	9.	Solan	AC to DC, Solan(Addl Charge) Deputy Director ZilaSainik Welfare Office The Mall, Solan (HP) – 173212	01792-223764 (O) sainik-sol-hp@nic.in
94.	10.	Una	Major (Retd) Raghbir Singh Deputy Director Zila Sainik Welfare Deptt Una (HP) – 174303	01975-226090 (O) ddzswouna@gmail.com
JAMMU & KASHMIR *				
95.	1.	Baramulla, Bandipora, Kupwara	Lt Col (Retd) NU Sheikh Zila Sainik Welfare Officer Premises of DC Office Near Bus Stand Baramulla - 193 101 (J & K)	0195-238539 (O) 09596162493 (M) zilasainikboardbaramulla@gm ail.com
96.	2.	Doda, Ramban, Kishtwar	Maj (Retd) SL Khajuria Zila Sainik Welfare Officer Near PWD Dak Bangalow Doda – 182 202 (J & K)	01996-233553 (O) 01996-233553 (F) 09797358470 (M) zsbddoda@gmail.com
97.	3.	Jammu	Col (Retd) JDS Kotwal Zila Sainik Welfare Officer Ambphalla Jammu Pin - 180 005 (J & K)	0191-2546273 (O) 0191-2546273 (R) 09419117085 (M) zswojammu@yahoo.in
98.	4.	Kathua	Col (Retd) Yudhvir Singh Andotra Zila Sainik Welfare Officer Near Govt Hr.Sec.School (Boys) Kathua - 184 101 (J & K)	01922-234785 (O) 01922 – 234785 (R) zswokathua@yahoo.in
99.	5.	Leh + Kargil	Maj (Retd) Bodh Raj Sabharwal Zila Sainik Welfare Officer Opp SP Office Leh (Ladakh) - 194 101 (J & K)	01982-252270 (O) 01982-252270 (F) 09419613461 (M) zswoleh@yahoo.in
100.	6.	Poonch	Maj (Retd) Prem Singh Zila Sainik Welfare Officer Near Bus Stand	01965-220161 (O) 01965- 220161 (F) 09419253793 (M)

			Poonch Pin -185101 (J & K)	zilasainikwelfarepoonch@gmail.com
101.	7.	Rajouri	Maj (Retd) RS Thakur Zila Sainik Welfare Officer Jawahar Nagar Rajouri Pin -185132 (J & K)	01965-263350 (O) 01965- 263350 (F) 09858090423 (M) zsworajouri@yahoo.in
102.	8.	Samba	Col (Retd) KB Gupta Zila Sainik Welfare Officer Ward No. 8, Samba Pin - 184 121 (J & K)	01923-217802 (O) 0191- 250121 (R) 0941-9139583 (M) zswosamba@gmail.com
103.	9.	Srinagar, Budgam, Ganderbal, Anantnag, Kulgam, Pulawama, Shopian.	Col (Retd) SA Quershi Zila Sainik Welfare Officer Batamaloo Road Srinagar Pin- 190 010 (J & K)	0194-2474728 (O) 0194-2474728 (F) 09419250360 (M) zswosrinagar@yahoo.in
104.	10.	Udhampur, Reasi.	Maj(Retd) SL Khajuria (Addl Chrg) Zila Sainik Welfare Officer Adarsh Colony, Udhampur Pin – 182 101 (J & K)	01992-271338 (O) 01922-2592268(R) zilasainikudh@yahoo.com
<u>JHARKHAND *</u>				
105.	1.	Chaibasa	Lt Col (Retd) MK Das Zila Sainik Kalyan Karyalaya Court Compound, West Singhbhum, Chaibasa - 833201	06582-259545 (O) zilasainikchaibasa@gmail.com
106.	2.	Dumka	Lt Col (Retd) AK Jha Zila Sainik Kalyan Karyalaya Court Compound, Dumka-814101	06434-223878 (O) 06434-223878 (F) <u>zskkdumka@yahoo.com</u>
107.	3.	Hazaribagh	Vacant Zila Sainik Kalyan Karyalaya Multipurpose Building, Near Private Bus Stand Hazaribagh- 825301	06546-267767 (O) zskkhazaribagh@yahoo.in
108.	4.	Ranchi	Lt Col (Retd) Avdesh Kumar Jha Zila Sainik Kalyan Karyalaya	0651-2330159 (O) 0651-2330159 (F) <u>zskkranchi@yahoo.in</u>

			Sainik Bazar, Main Road Ranchi, Pin – 834001	
109.	5.	Gumla	Lt Col (Retd) KN Ghosal Zila Sainik Kalyan Karyalaya Sashtri Nagar, Gumla, Jharkhand	06524- 221129 (O) zskkgumla@yahoo.in
<u>KARNATAKA *</u>				
110.	1.	Bangalore (Bangalore Urban)	Maj (Retd) RS Viswanath Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No 58, Fd Mshl KM Cariappa Road, Banglore (Urban Dist) Pin - 560025	080-25585119 (O) 09481819260 (M) sainikurban@rediffmail.com
111.	2.	Bangalore (Rural) + Chikkaballa pur, Kolar, Ramnagar & Tumkur	Maj (Retd) RS Viswanath Joint Director Office of the Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No.58, Fd Marshal KM Cariappa Road, Banglore (Rural) Pin – 560025	080-25588718 (O) 080-25589459 (F) sainikrural@rediffmail.com
112.	3.	Gulbarga Raichur Bindar	Maj (Retd) Dr Doddappa Hugar, Deputy Director Dept of Sainik Welfare & Resettlement, Vikas Bhavan Complex (Mini Vidhana Soudha) Station Road, Gulbarga Pin – 585102	08472-225003 (O) 08472-225003 (F) 09591555894 (M) sainikwelfareglb@yahoo.com
113.	4.	Bijapur	Maj (Retd) Dr DH Hugar Deputy Director Office of the Deputy Director Deptt of Sainik Welfare & Resettlement Distt Office Building Bijapur Pin - 586 101	08352-250913 (O) 08352- 56666 (F) 09591555894 (M) sainikwelfare_bijapur@yahoo.co.in
114.	5.	Bagalkot and	Maj (Retd) Shivaji M Tukkar	08354-235434 (O)

		Koppal	Deputy Director Office of the Deputy Director Dept of Sainik Welfare & Resettlement, Dist Administration Building, Ground Floor (Near Post Office) Bagalkot Pin – 587101	09916425737 (M) sainik.bgk@rediff.com
115.	6.	Belgaum	Ex Flt Lt MS Lolaksha Joint Director Deptt of Sainik Welfare & Resettlement Court Compound, Belgaum - 590 001	0831-2469341 (O) 0831-2469341 (F) 09945173849 (M) sainikwelfarebelgaum@yahoo .in
116.	7.	Dharwad	Wg Cdr(Retd)Ishwar Kodalli Deputy Director Office of Deputy Director Deptt of Sainik Welfare & Resettlement DC's Office Compound Dharwad - 580 001	0836-2440176 (O) 09880542689 (M) sainikwelfarewd@yahoo.com
117.	8.	Uttara Kannada	Cdr (Retd) Induprabha V Deputy Director Dept of Sainik Welfare& Resettlement, M.G. Road, Karwar, Uttara Kannada, District – 581301	08382-226538 (O) 08382-226538 (F) 08050368197 (M) sainikkwr@gmail.com
118.	9.	Dakshina Kannada & Udupi	Ex Capt AMC Dr Prakash NS Deputy Director Office of the Deputy Director Dept of Sainik Welfare & Resettlement, Sainik Rest House Building, Urva Stores Ashok Nagar – PO Mangalore – 575006	0824-2450933 (O) 09448549149 (M) dydirdswrmllore@yahoo.com
119.	10.	Kodagu	Sri BR Shetty Joint Director Dept of Sainik Welfare & Resettlement, Canara Bank Building, Main Road, Madikeri Pin – 571201	08272-229866 (O) jtdirectordswrmdk@yahoo.co m

120.	11.	Shimoga Chitradurga Davanagere	Lt Col (Retd) M. Geetha Mahabal, Deputy Director Dept of Sainik Welfare & Resettlement, K. Balaraj Urs Road Near DC's Residence Shimoga – 577201	08182-220925 (O) 09449748055 (M) soldier- shimoga@rediffmail.com
121.	12.	Hassan and Chikkamagal ur Dists	Shri C Shivaswamy Deputy Director Dept of Sainik Welfare & Resettlement, 'Shree Vasvi Nilay' Shankaripur, 1st Cross, B M Road, Hassan – 573201	08172-250465 (O) sainikalyanhassan@in.com
122.	13.	Mysore Mandya Chamarajan agar	Maj (Retd) Dr JR Balasubramanyam Deputy Director Office of the Deputy Director Dept of Sainik Welfare & Resettlement, Sq n Ldr AB Devaiah Bhavan, Near DC's Office Mysore - 570005	0821-2425240 (O) 0821-2425240 (F) 09632953019 (M) sainikkalyanmysore@in.com
KERALA *				
123.	1.	Alappuzha	Shri MR Davis Zila Sainik Welfare Office Arattuvazhi Road, Alappuzha-688 007	0477-2245673 (O) zswualp@gmail.com
124.	2.	Eranakulam	Shri P J Jacob Zila Sainik Welfare Office Civil Station, Kakkanad, Ernakulam-682 030	0484-2422239 (O) zswokem@yahoo.com
125.	3.	Idukki	Smt Sheeba Ravi Zila Sainik Welfare Office Theruvan Towers Thodupuzha, Iddukki - 685584	0486-2222904 (O) zswoidukki@yahoo.com
126.	4.	Kannur	Shri Ramakrishnan AK Zila Sainik Welfare Office Civil Station, Kannur-670002	0497-2700069 (O) <u>zswokannur@gmail.com</u>
127.	5.	Kasaragod	Shri Ramakrishnan AK (Additional Charge) Zila Sainik Welfare Office Civil Station PO, Vidya Nagar,	0499-4256860 (O) zswoksgd@bsnl.in

			Kasaragod - 671123	
128.	6.	Kollam	Shri SK Sreelal Zila Sainik Welfare Office Civil Station, Kollam-691013	0474-2792987 (O) <u>zswokollam@yahoo.co.in</u>
129.	7.	Kottayam	Shri Vinod Mathew Zila Sainik Welfare Office Muttambalam PO, Kanjikuzhi, Kottayam-686004	0481- 2570287 (O) <u>zswoktym@gmail.com</u>
130.	8.	Kozhikode	Shri NP Abdul Azeez Zila Sainik Welfare Office Balan K Nair Road, Kozhikode - 673001	0495- 2771881 (O) <u>kkdzsw@bsnl.in</u>
131.	9.	Malappuram	Shri Muraleedharan KS Zila Sainik Welfare Office Civil Station, Malappuram – 05	0483-2734932 (O) <u>zswompm@gmail.com</u>
132.	10.	Palakkad	Shri Shiju Sharif Zila Sainik Welfare Office, Jaini Medu Vadakkanthara PO Palakkad-678013	0491-2501633 (O) <u>zswopalakkad@gmail.com</u>
133.	11.	Pathanamthitta	Shri A Kishan Zila Sainik Welfare Office, Collectorate Pathanamthitta - 689645	0468-2222104 (O) <u>zswopta@gmail.com</u>
134.	12.	Thiruvananthapuram	Shri Prasannan Pillai G Zila Sainik Welfare Office Vanchiyoor Thiruvananthapuram-695035	0471-2472748 (O) <u>zswotvpm@Gmail.com</u>
135.	13.	Thrissur	Shri VB Premnath Zila Sainik Welfare Office Sainik Centre, Poothole Thrissur-680004	0487- 2384037 (O) <u>zswothrissur@gmail.com</u>
136.	14.	Wayanad	Shri A Ravindran Zila Sainik Welfare Office Kalpetta North PO, Wayanad-673122	04936-202668 (O) <u>zswowyd@gmail.com</u>
<u>MADHYA PRADESH *</u>				
137.	1.	Betul	Col (Retd) Md Esrarul Haque Distt Sainik Welfare Officer	07141-230790 (O) 09826014693 (M)

			Chitinvis Kothi, Civil Line Betul Pin - 460 001	dswobet@mp.gov.in
138.	2.	Bhind	Gp Capt (Retd) VS Gandhi Distt Sainik Welfare Officer Collectorate, By Pass Road Near Mela Ground, Bhind, Pin - 477001 (MP)	07534-236379 (O) 08435039266 (M) <u>dswobhind@gmail.com</u>
139.	3.	Bhopal	Col (Retd) DC Goyal Distt Sainik Welfare Officer Sainik Rest House, Banganga Chouraha Bhopal - 462 003 (M P)	0755-2556198 (O) 0755-2556198 (F) 09300087014 (M) 0755-2430136 (R) <u>dswopho@mp.gov.in</u>
140.	4.	Chhatarpur	Gp Capt (Retd) Manoj Gurg Distt Sainik Welfare Officer Ward No.38,H.No.-36 Shanti Nagar Colony, Sagar Road,Near Bijawar Naka,Chhatarpur - 471 001	07682-245460 (O) 07682-245460 (F) 09584850722 (M) <u>dsocha@mp.gov.in</u>
141.	5.	Chindwara	Col (Retd) Raja Shekhar Distt Sainik Welfare Officer Near Ekta Park, Nagpur Road, Chindwara - 480 001 (M P)	07162-242119 (O) 07162-242119 (F) 09993446872 (M) <u>dsowchi@mp.gov.in</u>
142.	6.	Damoh	Gp Capt (Retd) SK Khare Distt Sainik Welfare Officer New Collectorate, Room No. 55 Damoh - 470 661 (M P)	07812-224108 (O) 07812-224108 (F) 08349656747 (M) <u>dswodam@mp.gov.in</u>
143.	7.	Gwalior	Col (Retd) Rakesh Pathak Distt Sainik Welfare Officer Race Course Road, Near Sainik Petrol Pump, Gwalior – 474002	0751-2340878 (O) 0751-2471539 (O) 09893589261 (M) <u>dswogwa@mp.gov.in</u>
144.	8.	Khandwa	Wg Cdr (Retd) M Nasir Distt Sainik Welfare Officer Collectorate Parisar Khandwa	0733-2228311 (O) 09201632261 (M) <u>dswokhd@mp.gov.in</u>
145.	9.	Indore	Col (Retd) Ram Kumar Distt Sainik Welfare Officer, Jairam Pur Colony, Indore – 4502004	0731-2367319 (O) 0731-2367319 (F) 09827508379 (M) 07324-226249 (R) <u>dswoind@mp.gov.in</u>

146.	10.	Guna	Col (Retd) Pradeep Kumar Dar Sainik Welfare Officer Jail Road, Opp Akashwani Bhavan, Guna – 473001	07542-251010 (O) 09669506033 (M) dswogun@mp.gov.in
147.	11.	Hoshangabad	Col (Retd) Arvind Nigam, SM Distt Sainik Welfare Officer, Behind Home Guard Office, Hoshangabad - 461 001 (M P)	07574-254465 (O) 07574-254465 (F) 09425310645 (M) dswohos@mp.gov.in
148.	12.	Jabalpur	Col (Retd) PK Vaidya Distt Sainik Welfare Officer Katanga Colony, Narmada Road, Shaheed Raman Bakshi Marg Jabalpur - 482 001 (M P)	0761-2667336 (O) 0887851465 (M) 0761-2603157 (R) dswojab@mp.gov.in
149.	13.	Mandsaur	Wg Cdr(Retd) Rajesh P Nigam Distt Sainik Welfare Officer HDX-33, Duplex, Street No. 2, Kitiyani Mandasaur - 458 001 (M P)	07422-256139 (O) 07422-256139 (F) 09039013706 (M) dswomas@mp.gov.in
150.	14.	Morena	Vacant Distt Sainik Welfare Officer Near to Railway Over Bridge Chauraha, MS Road Morena - 476 001 (MP)	07532-226003 (O) 07532-226780 (F) 08349378595 (M) dswomor@mp.gov.in
151.	15.	Narsinghpur	Col (Retd) VP Tripathi Distt Sainik Welfare Officer Ashok Nivas Sadar, 1 st Wing Narsinghpur - 487 001 (M P)	07792-232128 (O) 09479380111 (M) dswonar@mp.gov.in
152.	16.	Ratlam	Vacant Distt Sainik Welfare Officer Opposite Home Guard Colony Nagra Road, Ratlam Pin Code - 457 001(M P)	07412-201124 (O) 07412-201124 (F) 0734 - 2510362 09685900204 (M) dsworat@mp.gov.in
153.	17.	Rewa	Gp Capt (Retd)DV Shukla Distt Sainik Welfare Officer TH- 8 B Block, Shilpi Construction, Kothi Road, Rewa-486001 (MP)	07662-254118 (O) 07662-254118 (F) 07804909240 (M) dsworew@mp.gov.in
154.	18.	Satna	Gp Capt (Retd) SK Tiwari Distt Sainik Welfare Officer Near Jawahar Nagar, Stadium/ Water Tunki	07672-222389 (O) 07672-222389 (F) 09713200652 (M) dswosat@mp.gov.in

			Satna - 485 001 (M P)	
155.	19.	Sagar	Maj (Retd) GS Yadav Distt Sainik Welfare Officer Collectorate Compound, Sagar - 470 001 (M P)	07582-225589 (O) 07582-225589 (F) 09407016050 (M) dswozag@mp.gov.in
156.	20.	Seoni	Lt Col (Retd) Jaya Xavier Distt Sainik Welfare Officer Bara Pathar, Tooti Puliya Road, Near Gayatri Temple, Seoni - 480 661, (M P)	07692-222730 (O) 07692-222730 (F) 09981920255 (M) dswoseo@mp.gov.in
157.	21.	Shahdol	Col (Retd) PN Shukla Distt Sainik Welfare Officer H No. 536, Pandey Nagar, Shahdol - 484 001 (M P)	07652-248949 (O) 09425182155 (M) dswozshd@mp.gov.in
158.	22.	Sidhi	Lt Col (Retd) Mrs P Ganga Distt Sainik Welfare Officer Near Tilak Talkies, Maharana Pratap Road, Sidhi - 486 661 (MP)	07822-250852 (O) 07822-250852 (O) 07415249145 (M) dswozsid@mp.gov.in
159.	23.	Tikamgarh	Col (Retd) J P Sharma Distt Sainik Welfare Officer Room No.75, Collectorate, Tikamgarh - 472 001 (M P)	07683-240709 (O) 09425453431 (M) dswoztik@mp.gov.in
160.	24.	Ujjain	Col (Retd) Samsom Tewari Distt Sainik Welfare Officer B- 9/6, Mahananda Nagar Ujjain - 456 010 (M P)	0734-2511355 (O) 0734-2511355 (F) 08989879160 (M) dswozujj@mp.gov.in
MAHARASHTRA *				
161.	1.	AhmedNagar	Col (Retd) Pradipkumar Narsu Dhole Zila Sainik Welfare Officer Ex-Servicemen Rest House Chandni Chowk Ahmednagar – 414 001	0241-2323160 (O) 02442- 222105 (O) 09421015690 (M) 09423032817 (M) zswa_ahmednagar@maha sainik.com
162.	2.	Akola	Ex Flt Lt. Ratnakar M.Charde Zila Sainik Welfare Officer Collector Office Compound Akola-444001	0724 -2436070 (O) 09403309325 (M) zswa_akola@mahasainik.c om
163.	3.	Amravati	Lt Cdr(Retd)Mohammad Alim Wahed Zila Sainik Welfare Officer	0721-2662621 (O) 08275185077 (M) 0721 -2660929 (R)

			Amravati Camp Dist. Amravati-444602	zsw_ amravati@mahasain ik.com
164.	4.	Aurangabad	Ex Maj Chandrasen V Kulthe Zila Sainik Welfare Officer Nandanvan Colony, Bhavsinghpura Road Aurangabad - 431203	0240-2370313 (O) 09890657075 (M) zsw_ aurangabad@mahas ainik.com
165.	5.	Bhandara Gondia	Ex Capt Deepak R Limsay Zila Sainik Welfare Officer Mahasul Karmarachri Parisar Bhandara – 440 001	07184-250619 (O) 09822461851(M) zsw_ bhandara@mahasai nik.coms
166.	6.	Beed	Lt Col (Retd) SA Rokhale Zila Sainik Welfare Officer Near District Court Beed-431122	02442-222105 (O) 0241- 2323160 (O) 09049778558 (M) zsw_ beed@mahasainik.c om
167.	7.	Buldhana	Cdr (Retd) Milindkumar M Badage Zila Sainik Welfare Officer “Sainiki Complex”, Near ST Bus Stand Buldhana -443 001	07262-242208 (O) 09422882143 (M) zsw_ buldhana@mahasai nik.com
168.	8.	Chandrapur	Cdr (Retd)V Kumar Babasaheb Patil Zila Sainik Welfare Officer New Administrative Building Chandrapur – 442401	07172-257968 (O) 09422322495 (M) zsw_ chandrapur@mahas ainik.com
169.	9.	Dhule	Ex Capt Mohan B Kulkarni (Addl charge with zsw Jalgaon) Zila Sainik Welfare Officer Ex-servicemen Rest House Collector Office compound Dist. Dhule - 424001	02562-237264 (O) 0257- 2241414 (O) 0257-2261841 (R) 09422786346 (M) zsw_ dhule@mahasainik.c om
170.	10	Gadchiroli	Cdr (Retd) Vijaykumar B Patil (Addl Charge) Office of the District Magistrate Zila Sainik Welfare Officer Gadchiroli	07172- 248955 (O) 09422322495 (M) zsw_ chandrapur@mahas ainik.com
171.	11	Jalgaon	Ex Capt Mohan B Kulkarni Zila Sainik Welfare Officer Collector Compound Jalgaon Pin – 425001	02562-237264 (O) 02562-2261841(R) 09422786346 (M) zsw_ jalgaon@mahasaink. com

172.	12	Jalna	Lt Col (Retd) Sameer B Raut, Zila Sainik Welfare Officer Opposite District Sports Sankul Beed Bypass Road Jalna – 431 203	02482-225201 (O) 09623509489 (M) zswo_jalna@mahasainik.com
173.	13	Kolhapur	Lt Col (Retd) Suhas D Naik Zila Sainik Welfare Officer Collector Compound, Nagala Park Kolhapur – 416003	0231-2665812 (O) 09423577808(M) zswo_kolhapur@mahasainik.com
174.	14	Latur	Ex- Maj (Retd) Kalyankingstan Y Zambre Zila Sainik Welfare Officer Sainik Sankul, Ambajogai Road, Front of MIMSR Medical College Latur – 413 512	02382-245189 (O) 09665063714 (M) zswo_latur@mahasainik.com
175.	15	Mumbai City	Ex Lt Cdr(Mrs) Milan M Patil City Sainik Welfare Office Old Custom House, Fort Mumbai – 400001	022-22700404 (O) 022- 23088011 (O) 08108692960 (M) <u>zawo_mumbaicity@mahasainik.com</u>
176.	16	Mumbai Upnagar	Ex Capt(Retd) Vidhya V Ratnaparakh Zila Sainik Welfare Officer Mumbai Suburban District Administrative Building 9 th Floor, Near Chetna College Govt Colony, Bandra (East), Mumbai - 400051	022-265552172 (O) 09869070211 (M) zswo_mumbaiupnagar@mahasainik.com
177.	17	Nasik	Ex Maj Pranjal P Jadhav (Addl Charge) Zila Sainik Welfare Officer Collector Office Compound Nasik – 422 002	0253-2577255 (O) 09321918195 (M) zswo_nashik@mahasainik.com
178.	18	Nagpur	Ex Lt Nitin Pande Zila Sainik Welfare Officer Administrative Building No.1, 3 rd Floor,Civil Line, Nagpur- 440001	0712-2561133 (O) 09373100805 (M) zswo_nagpur@mahasainik.com
179.	19	Parbhani- Nanded	Lt Col (Retd) S B Raut (Addl Charge) Zila Sainik Welfare Officer	02452-245510 (O) 02452-220340 (O) zswo_parbhani@mahasain

			Collectorate Compound, Nanded- 431 602	ik.com
180.	20	Nandurbar	Ex Capt Mohan Balvant Kulkarni (Addl Charge) Zila Sainik Welfare Office Collectorate Compound Nandurbar	09422786346 (M)
181.	21	Osmanabad	Maj (Retd) Subhash B Sasane Zila Sainik Welfare Officer Collector Office Compound Osmanabad - 413501	02472-222557 (O) 09970856438 (M) zswosmanabad@mahasainik.com
182.	22	Pune	Col (Retd) Bipin Dattatraya Shinde Zila Sainik Welfare Officer Collector Office Compound, Pune - 411 001	020-26122287 (O) 09423039599 (M) zswopune@mahasainik.com 09423039599
183.	23	Hingoli	Lt Col (Retd) Rajendrakumar R Jadhav (Addl Charge) Opposite Bachat Bhavan Stadium, Railway Station Road, Parbhani - 431401	02452-220340 (O) 09850893511 (M) zswoparbhani@mahasainik.com
184.	24	Raigad	Lt Col (Retd) Rajendrakumar R Jadhav (Addl Charge) Zila Sainik Welfare Officer Near Lekha Kosh Office Raigad - 402201	02141-222208 (O) 09850893511 (M) zsworaigad@mahasainik.com
185.	25	Ratnagiri	Col (Retd) Prakashrao Shamrao Patil Zila Sainik Welfare Officer Collector Office Compound Shivaji Nagar Ratnagiri - 415612	02352-222271 (O) 09423017202 (M) zsworatnagiri@mahasainik.com
186.	26	Satara	Maj (Retd) BS Jare Zila Sainik Welfare Officer Ajinkyatara Bldg, Povai Naka Satara - 415001	02162-239293 (O) 09766448666 (M) zswosatara@mahasainik.com
187.	27	Sangli	Ex Capt Sunil Moreshwar Godbole (Addl Charge) Zila Sainik Welfare Officer Sangli Miraj Road, Pushkar Chowk Sangli - 416416	0233-2671711 (O) 09421222564 (M) zswosangli@mahasainik.com
188.	28	Solapur	Capt (Retd) Sunil Moreshwar	0217-2731035 (O)

			Godbole Zila Sainik Welfare Officer Collector Office Compound Solapur – 413004	09421222564 (M) zsws_solapur@mahasainik.com 09421222564(M)
189.	29	Sindhudurg	Lt.Col(Retd) Suhas D.Naik (Addl Charge) Zila Sainik Welfare Officer Main Administrative Building C Block, 1 st Floor, At + Post - Oras (BK), Tel. Kudal Dist Sindhudurg-416812	02362-228820 (O) 09423577808 (M) zsws_sindhudurg@mahasainik.com
190.	30	Thane	Maj (Retd) Pranjal P Jadhav Zila Sainik Welfare Officer Collector Office, Room No. 402, 4 th Floor, Tembhi Naka Thane – 400601	022-25343174 (O) 09869074423 (M) zsws_thane@mahasainik.com
191.	31	Yavatmal (Yeotmal)	Flt Lt (Retd) D.Y.Sadaphal (Addl Charge) Zila Sainik Welfare Officer Collector Office Compound Dist. Yavatmala – 445001	07232-245273 (O) 09850318606 (M) zsws_yavatmal@mahasainik.com
192.	32	Wardha	Ex Flt Lt Dhananjay Y Sadaphal Zila Sainik Welfare Officer Front side of Yashwant Mahavidhyalaya Wardha – 442 001	07152-257698 (O) 07172-240691 (O) 09850318606 (M) zsws_wardha@mahasainik.com
193.	33	Washim	Lt Col (Retd)RR Jadhav Zila Sainik Welfare Officer Room No.206, Admin Bldg. Collector Office Compound, Washim – 444505	07252-288741 (O) 07252-230188 (R) 09920494423 (M) zsws_washim@mahasainik.co

MANIPUR

194.	1.	Imphal	Lt Col (Retd) H Sarat Singh Secretary PO- Lamphel, Dist-Imphal West Manipur - 795004	09862672547 (M) 0385-2416228 (O)
195.	2.	Churachandpur	Major (Retd)Jangkholun Gangte Secretary Churachandpur	09856666350 (M)

MEGHALAYA

196.	1.	Shillong +East & West Khasi Hills, Jaintia Hills, Ribhoi, East, West & South Garo Hills	Ex Maj (Dr.) K I Singh Zila Sainik Welfare office East Khasi Hills, Shillong Old NEC Building, Shillong-793001	0364-2500459 (O) 09774273416 (M) <u>zsbshillong@rediff.com</u>
<u>MIZORAM</u> *				
197.	1.	Aizawl	Lalrinliani, MMS Zila Sainik Welfare & Resettlement Office, Sainik Rest House Building, Khatla, Aizawl, Mizoram - 796 001	0389-2333131(O) 09436147426 (M) 0389-2340685(R) zswazlmiz@yahoo.in
198.	2.	Lunglei +Chhimtuipui	Hony Capt (Retd) Lalthantluanga Deputy Director Zila Sainik Welfare & Resettlement Office Distt. Lunglei - 796 701	0372-2324737(O) 0372-2324737(F) 09436370075 (M) zswllimiz@yahoo.in
199.	3.	Kolasib	C.Khamluaia,MCS District Sainik Welfare & Resettlement Officer Distt. Kolasib - 796081	03837-222265 (O) 03837-222265 (F) 09863221849 (M) zsb_kolasib@yahoo.in
200.	4.	Champhai	Rochuangkimi Khenglawt, MCS District Sainik Welfare & Resettlement Officer Zila Sainik Welfare & Resettlement Office Distt. Champhai Pin - 796321	03831-2355170 (O) 03831-2355170 (F) 09612223471 (M) chamsan77@gmail.com
<u>NAGALAND</u> *				
201.	1.	Dimapur	Col (Retd) K Ahluwalia Zila Sainik Welfare Officer Zila Sainik Welfare Office Walford Area, Near Rajbari, New Circuit House, Dimapur (Nagaland) Pin - 797112	03862-280002 (O) 09436304277 (M) dcdmp-ngl@nic.in
202.	2.	Kohima	Hony Capt (Retd) Lenkhapao Kuki, SM Zila Sainik Welfare Officer Zila Sainik Welfare Office Kohima DC's Office Complex	0370-2900342(O) 09436304277 (M) dckma-ngl@nic.in

			Kohima - 797 001	
203.	3.	Mokokchung	Lt Col (Retd) RS Ahluwalia Zila Sainik Welfare Officer Zila Sainik Welfare Office Khasiya Line PO Mokokchung -797601	09436006336 (M) dcmok-ngl@nic.in
204.	4.	Wokha	Hony Capt (Retd) CK Lotha Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex Wokha PO Wokha - 797 111	03860-22648(O) 09856210355(M) dcwok-ngl@nic.in
205.	5.	Zunheboto	Hony Capt (Retd) Tekitiba Ao Zila Sainik Welfare Officer Zila Sainik Welfare Office Zunheboto - 798620	03867-220545(O) 09436174006 (M) dczhb-ngl@nic.in
ODISHA *				
206.	1.	Cuttack	Col (Retd) Sukumar Banerjee Zila Sainik Board At Mission Road, Buxi Bazar (Near the Samaj Office) PO/Dist-Cuttack-1, Pin – 753001	0671-2420159 (O) 09938181261 (M) zsbktk02@gmail.com
207.	2.	Balasore	Maj (Retd) Prafulla Kumar Naik Secretary, Zila Sainik Board Brit Buildings C&D Block, OT Road, Balasore - 756 001	06782-261668 (O) 09937000491 (M) zsbbls.orissa@rediffmail.com
208.	3.	Dhenkanal	Gp Capt (Retd), S K Nath Secretary, Zila Sainik Board At Kunja Kanta, Dhenkanal – 759 001	06762-226484 (O) 09178463134 (M) sainikboard.dkl@gmail.com
209.	4.	Ganjam (Berhampur)	Col (Retd) Bisweswar Rout Secretary, Zila Sainik Board Berhampur, Near Ganjam club Ganjam - 760 004	0680-2292485 (O) 09437604490 (M) zsbbrahmapur57@rediffmail.com
210.	5.	Kalahandi (Bhawanipatna)	Major (Retd) BB Sahoo Secretary, Zila Sainik Board Govt. Colloge Road In front of D.I.C Office (above Union Bank) Bhawanipatna	06670-230110 (O) 09853024967 (M) zsbklldbnpn@yahoo.in

211.	6.	Sambalpur	Col (Retd) DB Acharya Secretary, Zila Sainik Board Collectorate, 2nd floor, Sambalpur - 768 001	0663-2410154 (O) 09937644514 (M) secyzsbsbp@rediffmail.com
212.	7.	Keonjhar	Maj (Retd)Natabar Jena Secretary Zila Sainik Board Keonjhar Collectorate Complex, Keonjhar	06766-254652 (O) 08018455750 (M) natabar05@yahoo.com
<u>PUNJAB</u>				
213.	1.	Amritsar	Lt Col (Retd) Gurinderjit Singh Gill District Defence Services Welfare Officer 52, Court Road, Opp GPO, Amritsar - 140 001	0183-2563102 (O) dsw_ asr@rediffmail.com
214.	2.	Bathinda	Cdr (Retd) Baljinder Virk District Defence Services Welfare Officer Near Court Complex Bathinda	0164-2212612 (O) sainikwelfarebti@rediffmail.co m
215.	3.	Faridkot	Lt Col (Retd) Jasbir Singh Boparai (Additional Charge) District Defence Services Welfare Officer Talwandi Road, Faridkot – 151 203	01639-250788 (O) ddswfdk@rediffmail.com
216.	4.	Fatehgarh Sahib	Wg Cdr(Retd)HS Kang District Defence Services Welfare Officer Near Bachhat Bhavan Fatehgarh Sahib- 140407	0176-3232287 (O) fgsdsw_10@rediffmail.com
217.	5.	Ferozepur	Lt Col (Retd) Jasbir Singh Boparai District Defence Services Welfare Officer Near Saragarhi Gurudwara Ferozepur	01632-246211 (O) dsw_ fzs@rediffmail.com
218.	6.	Fazilka	-do-	Functioning at Ferozepur
219.	7.	Gurdaspur	Lt Col (Retd) Satbir Singh District Defence Services Welfare Officer	01874-231127 (O) dswogsp@rediffmail.com

			Near DC Court , Gurdaspur	
220.	8.	Hoshiarpur	Maj (Retd) Yaspaul Singh District Defence Services Welfare Officer Green New Park, Court Road Hoshiarpur	01882-222013 (O) dswhspr@rediffmail.com
221.	9.	Jalandhar	Lt Col (Retd) HP Singh District Defence Services Welfare Officer Shastri Market, Ladowali Road Jalandhar	0181-2455423 (O) dsw_jal@rediffmail.com
222.	10.	Kapurthala	Col (Retd) Amarbir Singh Chahal District Defence Services Welfare Officer Near District Court, Kapurthala	01822-232872 (O) dsw_kpt@rediffmail.com
223.	11.	Ludhiana	Col (Retd) Kanwar Preet Singh Atwal District Defence Services Welfare Officer Near Clock Tower, Ludhiana - 141 001	0161-2741066 (O) dsw_ldh@yahoo.com
224.	12.	Mansa	Wg Cdr (Retd) Rajwant Singh (Additional Charge) District Defence Services Welfare Officer Opp Ranbir Club, Mansa - 151 505	01652-229181 (O) dsw_mansa@rediffmail.com
225.	13.	Moga	Col (Retd) Kanwar Preet Singh Atwal District Defence Services Welfare Officer DC Complex, Moga	01636-237488 (O) dsw.moga@rediffmail.com
226.	14.	SAS Nagar	Lt Col (Retd) PS Bajwa (Addl Charge) District Defence Services Welfare Officer Sas Nagar	0172 -2270075 dsw_sas@rediffmail.com
227.	15.	Muktsar Sahib	Cdr (Retd) Baljinder Virk (Additional Charge) District Defence Services Welfare Officer	01633-240701 (O) dsw_mkts@rediffmail.com

			Bathinda Road, Muktsar Sahib – 152 026	
228.	16.	Shahid Bhagat Singh Nagar	Maj (Retd) Daljit Singh Brar District Defence Services Welfare Officer 331, Friends Colony, SBS Nagar	01823-225075 (O) <u>dswo_nsr@rediffmail.com</u>
229.	17.	Patiala	Col (Retd) Sarabjit Singh Sanga, (Additional Charge) District Defence Services Welfare Officer Near Railway Bridge Patiala	0175-2361188 (O) <u>patiala dswo@rediffmail.com</u>
230.	18.	Ropar	Lt Col (Retd) PS Bajwa District Defence Services Welfare Officer Near Old Bus Ropar	01881-220324 (O) <u>dswo_rpr@rediffmail.com</u>
231.	19.	Sangrur	Wg Cdr (Retd) Rajwant Singh District Sainik Welfare Officer Opp Ranbir Club, Sangrur - 148 001	01672-234021 (O) <u>sangrur dswo@rediffmail.com</u>
232.	20.	Tarantaran	Lt Col (Retd) Gurinderjit Singh Gill (Additional Charge) District Defence Services Welfare Officer Tarantaran	0183-2563102 (O) <u>ddswott@rediffmail.com</u>
233.	21.	Barnala	Wg Cdr (Retd) Rajwant Singh (Additional Charge) District Defence Services Welfare Officer Sangrur	01672-234021 09876128768 (M) sangrur dswo@yahoo.com
234.	22.	Pathankot	Lt Col (Retd) Satbir Singh, (Additional Charge) District Defence Services Welfare Officer Pathankot	09872939400 (M) <u>dswo_gsp@rediffmail.com</u>
<u>RAJASTHAN *</u>				
235.	1.	Ajmer	Col (Retd) LN Sharma Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Opp Revenue Board, Ajmer - 305 001	0145-2627972 (O) 09680961539 (M) <u>dsboardajmer@gmail.com</u>
236.	2.	Alwar	Maj(Retd) Prabhu Dayal	0144-2338527 (O)

			Zila Sainik Kalyan Karyalaya, Near Company Garden, Alwar	09982943354 (M) skolw22j@gmail.com
237.	3.	Barmer	Maj (Retd) P S Bhati Zila Sainik Kalyan Karyalaya Near Railway Station Barmer - 344 001	02982-221185 (O) 09828343765 (M) zska-bar-rj@nic.in
238.	4.	Bharatpur	Col (Retd) NS Shekhawat Zila Sainik Kalyan Karyalaya Near Gordhangate Bharatpur - 321 001	05644-223707 (O) 09413232223 (M) zska-bha-rj@gmail.com
239.	5.	Bikaner	Col (Retd) BS Bhati Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Public Park, Bikaner - 334 001	0151-2226671 (O) 09413143639 (M) aslam zska-bikrj@yahoo.in
240.	6.	Bhilwara	Col (Retd) MP Sharma Adhikary Zila Sainik Kalyan Karyalaya, C-221, Subhash Nagar, In Front of Reliance Office, Bhilwara	01482-265133 (O) 09610526789 (M) Bhitorsainik2013@gmail.com
241.	7.	Churu	Maj (Retd) Ram Kumar Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Churu - 331 001	01562-250948 (O) 09672951234 (M) kaswanmajorrkk@gmail.com
242.	8.	Chirawa	Col (Retd) PS Shekhawat Zila Sainik Kalyan Karyalaya, Chirawa, Behind Dalmia Ground, Chirawa, Jhunjhunu	01596-222880 (O) 09001634348 (M) sainik.chirawa@gmail.com
243.	9.	Deedwana	Maj (Retd) Manohar Singh Rathore Adhikary Zila Sainik Kalyan Karyalaya Behind Jivan Bima Nigam Sainik Vishram Grah Building Deedwana Distt Nagaur - 341303	01580-223729 (O) 09413965858 (M) zska-nag-did-rj@nic.in
244.	10.	Jaipur	Col (Retd) Rajesh Bhukar Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building	0141-2201487 (O) 09828925550 (M) rbhukar1@gmail.com

			Jai Singh Highway, Bani-Park Jaipur - 302 006	zskajaip_rj@nic.in
245.	11.	Jaisalmer	Vacant Sainik Kalyan Karyalya, Jaisalmer Near Railway Station, Jaisalmer	02992-250029 (O) 09414205285 (M) zskajairj@gmail.com
246.	12.	Jhunjhunu	Cdr (Retd) AL Krishnia Zila Sainik Kalyan Karyalaya Jhunjhunu Near Railway Station Jhunjhunu	01592-232653 (O) 09783969009 (M) yogilns@yahoo.com
247.	13.	Jodhpur	Lt Col (Retd) RS Rathore Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Rai Ka Bagh, Jodhpur 342-006	0291-2650372 (O) 09352355450 (M) zska-jod-rj@nic.in
248.	14.	Kota	Lt Col (Retd) Guman Singh Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building In front of Bhimrao Hospital Kota	0744-2323712 (O) 09413318285 (M) zska-kotj@yahoo.com
249.	15.	Karauli	Col (Retd) Narender Singh Chouhan Zila Sainik Kalyan Karyalaya Karauli, Sainik Nagar Near Chungi Naka, Hindon Road, Karauli	07464-221734 (O) 09414035313 (M) zska-kar-rj@nic.in
250.	16.	Nagaur	Maj (Retd) Babusingh Rajput Adhikary Zila Sainik Kalyan Karyalaya Near Railway Station Nagaur - 341 001	01582-240776 (O) 09828853822 (M) zska-nag-rj@nic.in
251.	17.	Neem Ka Thana (Sikar)	Maj (Retd) Kaptan Singhl Zila Sainik Kalyan Karyalaya, Neem Ka Thana (Sikar)	01574-231920 (O) 09001634348 (M) majpradhudayalagria@yahoo.in
252.	18.	Pali	Lt Col (Retd) Guman Singh Adhikary Zila Sainik Kalyan Karyalaya Jaipur Highway Road Pali Sojat Road,	02932-225230 (O) 08058248105 (M) zskkpali@yahoo.com

			Pali - 301 406	
253.	19.	Behror	Gp Capt (Retd) SS Dholiya Zila Sainik Kalyan Adhikari Behrod (Alwar) Rajasthan	01494-297084(O) 09460983107 (M) dholiyashiv@gmail.com
254.	20.	Shergarh	Col (Retd) Udai Singh Zila Sainik Kalyan Karyalaya, Shergarh (Jodhpur), Rajasthan	02929-243694 (O) 09413329031 (M) zska-jod-she-rj@nic.in
255.	21.	Sikar	Maj (Retd) Jisukh Ram Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Collectorate, Sikar-332001	01572-254437 (O) 09887291364 (M) zskasikrj@gmail.com
256.	22.	Sri Ganganagar	Col (Retd) BK Chhibbar Adhikary Zila Sainik Kalyan Karyalaya Lakkar Bazar Sri Ganganagar (Rajasthan)	0154-2422547 (O) 09610606063 (M) vkchhibber@gmail.com
257.	23.	Tonk	Col (Retd) DL Meena Adhikari Zila Sainik Kalyan Karyalaya 1/17, Housing Board Colony Tonk	01432-245862(O) 09414278310 (M) dsboardtonk2012@gmail.com
258.	24.	Udaipur	Lt Col (Retd) DN Sharma Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building 21, Residency Road Udaipur - 313 001	0294-2524724 (O) 09460682275 (M) <u>zska-uda-rj@nic.in</u>
<u>SIKKIM</u>				
259.	1.	Gangtok East/North Sikkim	Vacant Welfare Officer Zila Sainik Board PS Road, Gangtok East Sikkim - 737 101	03592-201062 (O) 09933805796 (M)
260.	2.	Namchi South Sikkim	Sub (Retd) PB Gurung Welfare Officer Zila Sainik Board (South) Namchi, South Sikkim	03595-263003 (O) 094334871395 (M) Zsbnamchi12@gmail.com

			Pin - 737 126	
261.	3.	Gyalshing West Sikkim	Sub (Retd) TD Bhutia Welfare Officer Zila Sainik Board, Gyalshing, West Sikkim Pin – 737111	03595-250067 (O) 08972685007 (M) zsbgyz@gmail.com
<u>TAMIL NADU*</u>				
262.	1.	Chennai	Lt Col (Retd) Tmt.A.D.Maria Venitta, Deputy Director, Ex-Servicemen's Welfare Major Parameswaran Memorial Building, 2E, West Mada Street Srinagar Colony, Saidapet Chennai Pin - 600 015 (T N)	044-22350780 (O) 09442612294 (M) exwelchn@tn.gov.in
263.	2.	Coimbatore	Lt Col (Retd) Tmt S.Radha Assistant Director, Ex-Servicemen's Welfare Ex Services Centre, Huzur Road, Coimbatore Pin - 641 018 (T N)	0422-2214107 (O) 09994770553 (M) exweicbe@tn.gov.in
264.	3.	Cuddalore	Thiru S Mohan,B.Com, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre, No. 33.II Cross Street, Seetharam Nagar,Pudupalayam Cuddalore – 607 001	04142-294732 (O) 09486575695 (M) exwelcud@tn.gov.in
265.	4.	Dindigul	Maj (Retd) M.Sureshkumar, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre Master Plan Complex Collectorate Dindigul –624 305	0451-2460086 (O) exweldgl@tn.gov.in
266.	5.	DharmaPuri	Thiru C Sathiamoorthy,B.Sc., Asstt Director Ex-Servicemen's Welfare No. H.49, kalliappa Nivas, TNHB, Avvai Nagar, Othapatti	04342- 230086 (O) 09788312867 (M) exweldpi@gmail.com

			Dharmapuri – 636 705	
267.	6.	Erode	Thiru.R. Rajendran,B.A., Asstt Director Ex-Servicemen's Welfare Jawans Bhavan Gandhiji Road, (Near Manickam Theatre) Erode - 638 001 (T N)	0424-2263227(O) 09442518331 (M) exwelerd@tn.gov.in
268.	7.	Kancheepuram	Lt.Col(Retd) Tmt.Banu Elumalai, Assistant Director Ex-Servicemen's Welfare No. 2, GST Road, Jeeva Commercial Complex Tambaram Chennai - 600 045	044-22262023(O) 09003210050 (M) exwelkpm@tn.gov.in
269.	8.	Kanyakumari	Maj.(Retd)VS jayakumar,M.A, Deputy Director Ex-Servicemen's Welfare Ex-services Centre & Shopping Complex, Railway Feeder Road, Kottar, Nagercoil-629002	04652-243515 (O) 09442107209 (M) exwelkkm@tn.gov.in
270.	9.	Krishnagiri	Maj (Retd) MMuthuram,B.Com Assistant Director, Ex-servicemen's Welfare, Ex-service's Centre, 433, Banglore Road, Krishnagiri- 635 001	04343-236134 (O) 09488492798 (M) exwelkgi@tn.gov.in
271.	10.	Madurai	Tmt.C. Ramalakshmi, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre, Near Madurai Jn, Railway Station, Railway Colony Madurai - 625 016 (T N)	0452-2308216 (O) exwelmdu@tn.gov.in
272.	11.	Nagapattinam	Vacant Asstt Director Ex-Servicemen's Welfare Gd Floor, Collecorate Complex, Nagapattinam Pin - 611 002	04365-253042 (O) 09940827415 (M) exwelngp@tn.gov.in
273.	12.	Namakkal	Tmt. K Pankayar Selvi	04266-233079 (O)

			Asstt Director, Ex-Servicemen's Welfare R.D.O.Office Complex, Mohanur Road, Namakkal – 637 001	09443019291 (M) exsernklad@gmail.com
274.	13.	Pudukottai	Thiru.M.Balasubramanian, Asstt Director Ex-Servicemen's Welfare Ex-Service Centre Kalyanaramapuram 1 st Street Thirukokarnam P.O. Pudukottai Pin - 622 002	04322-221593 (O) 09940827415 (M) exwelppdk@tn.gov.in
275.	14.	Ramanathapuram	Ex.Capt.S.Vijaykumar Asstt Director Ex-Servicemen's Welfare Ex-Service Centre, MasterPlan Complex, Collectorate, Ramanathapuram Pin – 623503	04567-230045 (O) 09486142583 (M) exwelrmd@tn.gov.in
276.	15.	Salem	Ex-Fit.Lt.S Manivannan Deputy Director District Ex-Servicemen's Welfare, Room No.307,3 rd Floor Collectorate Complex, Salem, Pin – 636001	0427-2410903 (O) 0427-2410903 (F) 0936281718 (M) exwelslm@tn.gov.in
277.	16.	Sivagangai	Thiru.R.Jeyagopal, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre Maruthupandiyar Nagar Sivagnagai Pin - 623 560	0457-240483 (O) 09655434466 (M) exwelsvg@tn.gov.in
278.	17.	Thanjavur	Vacant Asst Director Ex-Servicemen's Welfare Ex-Servicemen Centre, Muthukumara, Moopanar Road, Opp. Head Post Office, Thanjavur - 613 001 (TN)	04362-230104 (O) 09626709001 (M) exweltnj@tn.gov.in

279.	18.	Nilgiris	Thiru.S.Chandrasekar,B.Com Asstt Director Ex-Servicemen's Welfare Ex-Service Centre Goods Shed Road Udhagamandalam - 643 001	0423-2444078 (O) 0948728910 (M) exwelnlg@tn.gov.in
280.	19.	Theni	Thiru P.Sivathanu Pillai Asstt Director Ex-Servicemen's Welfare II Floor, Collectorate Complex, Theni-625 531	04546-252185 (O) 09486630672 (M) exwelthn@tn.gov.in
281.	20.	Thoothukudi	Thiru A.Don Poduva Fathima Maximas, Asstt Director Ex-Servicemen's Welfare Ex-Servicemen Centre 19-A, Warners Road Cantonment Tirchirapali – 628 003	0461-2321678 (O) 09940769680 (M) exweltut@tn.gov.in
282.	21.	Tiruchirapalli	Thiru C.Selvamoorthy,B.Sc., Asstt Director Ex-Servicemen's Welfare Ex-services Centre 19-1, Warners Road Cantonment, Tiruchirapalli-620 001	0431-2410579 (O) 09626709001 (M) exweltry@tn.gov.in
283.	22.	Thirunalveli	Maj (Retd) Boni Vincent Asst Director Ex-Servicemen's Welfare Ex-Services Centre Palayamkottai, Tirunelveli - 627 002	0462-2560440 (O) 09047099988 (M) exweltnv@tn.gov.in
284.	23.	Thiruvallur	Ex.Lt.Cdr.Tmt.T Sangeetha Asstt Director Ex-Servicemen's Welfare No.6/25, Lal Bahadur Sastri J N Road, Thiruvallur - 602 001	044-27663163 (O) 0989433357 (M) exweltlr@tn.gov.in
285.	24.	Tiruvannamalai	Thiru R. Jayakumar Asstt Director Ex-Servicemen's Welfare 1 st Floor, Collectorate Complex Vengikkal,	04175-233047 (O) 09944517180 (M) exwelvm@tn.gov.in

			Tiruvannamalai – 606 604	
286.	25.	Vellore	Maj (Retd) D Pragasam Deputy Director Ex-Servicemen's Welfare Jawans Bhavan Near Main Telephone Exchange, Vellore-632001	0416-2220432 (O) 09442230795 (M) exwvelvel@tn.gov.in
287.	26.	Villupuram	Vacant (Asst Director) Ex-Servicemen's Welfare Door No. 9, Palanivel Layout Villupuram – 605 602 (T N)	04146-220524 (O) 09486575695 (M) exwelvepm@tn.gov.in
288.	27.	Virudhunagar	Thiru. KR Santharam Asstt Director Ex-Servicemen's Welfare Ex-Services Centre 10, Periyaswamy Koil Street Srivilliputhur – 626 125	04563-260382 (O) 09894708429 (M) exwelnr@tn.gov.in
<u>UTTARAKHAND</u> *				
289.	1.	Almora	Col (Retd) RP Joshi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Chauganpata Almora - 263601 (UK)	05962-230246 (O) 05962-232210 (O) 05962-232210 (F) zskalm@yahoo.com
290.	2.	Bageshwar	Col (Retd) DK Kaushik Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Kanda Road, Bageshwar (UK)-263642	05963-221751 (O) 05963-221751 (F) zskbgr@yahoo.com
291.	3.	Chamoli	Col (Retd) JPS Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Gopeshwar Chamoli – 246 401	01372-252195 (O) 01372-251481 (O) 01372-251481 (F) 09410162232 (M) zsk_gpr@hotmail.com
292.	4.	Champavat	Col (Retd) Chandan Singh Visht Zila Sainik Kalyan Evam	05965-230893 (O) 05965-230883 (O) 05965-230883 (F)

			Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya, District HQ Champavat (U'Khand)	09410139113 (M) zskchamp@hotmail.com
293.	5.	Dehradun	Brig(Retd) AN Bahuguna,KC, YSM, VSM, Director Zila Sainik Kalyan Evam Punarvas Karyalaya, Kalidass Marg, PO Hathi barkala Dehradun, Pin – 248 001	0135-2626091(O) 09319356362 (M) zskddn@gmail.com
294.	6.	Haridwar	Lt Col (Retd) Chander Pal Singh Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Roshanabad Hardwar – 249407	01334-250916 (O) 01334-250082 (O) 01334-250082 (F) 09358134048 (M) zharidwar@yahoo.in
295.	7.	Lansdown (Pauri Garhwal)	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Distt HQ, Lansdown – 246155	01386-262365 (O) 01386-263149 (O) 01386-263149 (F) 09412003292 (M) zsklnsdn@yahoo.co.in
296.	8.	Nainital (Haldwani)	Maj (Retd) B.S.Rautela Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Haldwani Nainital – 263 139	05946-281410 (O) 05946-221614 (O) 05946-281410 (F) 09412089171 (M) zsk_hal@rediffmail.com
297.	9.	Pauri (Garhwal)	Maj (Retd) MS Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Pauri Garhwal Pin – 246 001	01368-220961 (O) 01368-223399 (O) 01368-223399 (F) 09412438392 (M) zskpauri@rediffmail.com
298.	10.	Pithoragarh	Lt Col (Retd) Bhagwan Singh Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya	05964-224185 (O) 05964-226771 (O) 05964-226771 (F) 05964-250494 (R) zsk_pth@yahoo.com

			District HQ , Pithoragarh – 01	
299.	11.	Rudraprayag	Maj (Retd) PB Gurung Zila Sainik Kalyan Evam Punarvas Adhikari Karyalaya Sachchidanand Nagar Badrinath Marg, Rudraprayag (UK)-246 171	01364-233584 (O) 01364-233584 (F) zsk_rudraprayag@rediffmail.com
300.	12.	Tehri Garhwal	Lt Cmdr (Retd) Deepak Khanduddi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya New Tehri, Tehri (Garhwal) – 249001	01376-232320 (O) 01376-234145 (O) 01376-234145 (F) 09412108443 (M) zsk.ntt2009@gmail.com
301.	13.	Udhamsingh Nagar	Lt Cdr(Retd) NN Tripathi Zila Sainik Kalyan Evam Punarvas Adhikari Karyalaya Shopping Complex, Rudrapur Udhamsingh Nagar-263153	05944-243435 (O) 05944-244826 (O) 05944-244826 (F) 09411706267 (M) zskausm@gmail.com
302.	14.	Uttarkashi	Maj (Retd) BS Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Uttarkashi - 249193	01374-222417 (O) 01374-223305 (O) 01374-223305 (F) 08979740114 (M) zskuki@rediffmail.com
UTTAR PRADESH				
303.	1.	Agra	Col (Retd) Umesh Chandra Dubey Zila Sainik Kalyan Evam Punarvas Adhikari Agra Pin - 282 001(UP)	0562-2260549 (O)
304.	2.	Aligarh	Lt Col (Retd) Arvind Kumar Zila Sainik Kalyan Evam Punarvas Adhikari Collectorate, Aligarh, Pin - 202001 (UP)	0571-2401763 (O) zskpaligarh@gmail.com
305.	3.	Allahabad	Col (Retd) KL Pathak Zila Sainik Kalyan Evam Punarvas Adhikari	0532-2608454 (O)

			Allahabad - 211 001 (U P)	
306.	4.	Ambedkar Nagar	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Ambedkar Nagar (UP)	05271-246818 (O)
307.	5.	Azamgarh	Lt Col (Retd) Om Prakash Chouby Zila Sainik Kalyan Evam Punarvas Adhikari Azamgarh - 276 001 (U P)	0546-220820 (O)
308.	6.	Bahraich	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Bahraich - 271 801 (U P)	05252-2234775 (O)
309.	7.	Balia	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Baliala - 277 001 (U P)	05498-220350 (O)
310.	8.	Balrampur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Balrampur (UP)	05263-235086 (O)
311.	9.	Banda	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Banda - 210 001 (U P)	05192-285392 (O)
312.	10.	Barabanki	Lt Col (Retd) Satyadey Yadav Zila Sainik Kalyan Evam Punarvas Adhikari Barabanki - 225 001 (U P)	05248-222563 (O)
313.	11.	Bareilly	Maj (Retd) Rajendar Singh Zila Sainik Kalyan Evam Punarvas Adhikari Bareilly - 243 001 (U P)	0581-2421794 (O)
314.	12.	Basti	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Basti - 272 001 (U P)	05542-246670 (O)
315.	13.	Badaun	Lt Col (Retd) Moher Singh Zila Sainik Kalyan Evam Punarvas Adhikari Badaun - 243 601 (U P)	05832-267122 (O)

316.	14.	Bhadohi - Sant Ravidasnagar	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Bhadohi (UP)	05414-251229 (O)
317.	15.	Bijnore	Maj (Retd) Vinod Kr Singh Zila Sainik Kalyan Evam Punarvas Adhikari Bijnore Pin - 246 701 (U P)	01342-262994 (O)
318.	16.	Bulandshar	GP. Capt Girish Kumar Jahori Zila Sainik Kalyan Evam Punarvas Adhikari Bulandshahr – 203 001 (U P)	05732-282562 (O)
319.	17.	Chandauli	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Chandauli (UP)	05412-260126 (O)
320.	18.	Chitrakoot	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Chitrakoot (UP)	05198-236475 (O)
321.	19.	Deoria	Maj (Retd) Rameshwar Yadav Zila Sainik Kalyan Evam Punarvas Adhikari Deoria - 274 001 (U P)	05568-222450 (O) 05568-260667 (R)
322.	20.	Etah	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Etah - 207 001 (U P)	05742-233753 (O)
323.	21.	Etawah	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Etawah – 206001(UP)	05688-254167 (O)
324.	22.	Faizabad	Lt. Col S Harad Bhatt Zila Sainik Kalyan Evam Punarvas Adhikari Faizabad - 224 001 (U P)	05278-222184 (O)
325.	23.	Farrukhabad - Fatehgarh	Col (Retd) John Tiwari Zila Sainik Kalyan Evam Punarvas Adhikari Fatehgarh - 209 601(U P)	05692-234659 (O)
326.	24.	Fatehpur	Vacant Zila Sainik Kalyan Evam	05180-224232 (O)

			Punarvas Adhikari Fatehpur - 212 601 (U P)	
327.	25.	Firozabad	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Firozabad - 283 203 (U P)	05612-230944 (O)
328.	26.	Gautambudh Nagar	Wg Cdr (Retd) Mahesh Chander Panday Zila Sainik Kalyan Evam Punarvas Adhikari Old Degree College, Sector-19 Gautambudh Nagar (UP)	0120-4544814 (O)
329.	27.	Ghaziabad	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari KH-171, New Kavi Nagar Ghaziabad - 201 001 (U P)	0120-2822643 (O)
330.	28.	Ghazipur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Ghazipur – 233 001 (U P)	0548-2220240 (O)
331.	29.	Gonda	Maj (Retd) Rajendar Singh Zila Sainik Kalyan Evam Punarvas Adhikari, Gonda - 271 001 (UP)	05262-230038 (O)
332.	30.	Gorakhpur	Maj (Retd) Ram Mohan Pandey Zila Sainik Kalyan Evam Punarvas Adhikari Gorakhpur - 273 001 (U P)	0551-2337643 (O)
333.	31.	Hamirpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Hamirpur – 210 301 (U P)	05282-222319 (O)
334.	32.	Hardoi	Col (Retd) Laxmi Kant Tiwari Zila Sainik Kalyan Evam Punarvas Adhikari Hardoi - 241 001 (U P)	05852-234733 (O)
335.	33.	Hathras	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Hathras (UP)	05722-237906 (O)

336.	34.	Jalaun - Orai	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jalaun - 285 001, (U P)	05162-252798 (O)
337.	35.	Jaunpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jaunpur - 222 001, (U P)	05452-261110 (O)
338.	36.	Jhansi	Vacant Zila Sainik Klayan Evam Punarvas Adhikari Jhansi - 284 001 (U P)	0510-2470049 (O)
339.	37.	Jotiba Phulenagar	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jotiba Phulenagar- 244261,(UP)	0592-2225374 (O) 0592-259988 (F)
340.	38.	Kanpur Dehat	Maj (Retd) Shiv Vijay Singh Zila Sainik Kalyan Evam Punarvas Adhikari Kanpur Dehat - 208 001, (U P)	05111-286033 (O)
341.	39.	Kanpur Nagar	Capt (Retd) Sharad Kr Singh Zila Sainik Kalyan Evam Punarvas Adhikari Kanpur Nagar - 208 001, (U P)	0512-2306648 (O)
342.	40.	Kaushambi	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Kaushambi, (U P)	05331-235642 (O)
343.	41.	Kheri	Col (Retd) Chandra Prakash Misra Zila Sainik Kalyan Evam Punarvas Adhikari Lakhimpur, Khiri - 260 701 (UP)	05872-252757 (O)
344.	42.	Kushinagar	Col Arun Prakash Pandey Zila Sainik Kalyan Evam Punarvas Adhikari, Kushinagar	05564-246210 (O)
345.	43.	Lucknow	Col (Retd) Hirdey Narayan Kaushal Zila Sainik Kalyan Evam Punarvas Adhikari, Sainik Bhawan,Kaiserbagh	0522-2622367 (O)

			Lucknow – 226 001 (U P)	
346.	44.	Maharaj Ganj	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Maharaj Ganj - 273 303 (U P)	05523-223863 (O)
347.	45.	Mahoba	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mahoba - 210 421 (UP)	05281-253032 (O)
348.	46.	Mainpuri	Maj (Retd) Suresh Chandra Yadav Zila Sainik Kalyan Evam Punarvas Adhikari Mainpuri – 205 001 (U P)	05672-234890 (O)
349.	47.	Mathura	Gp Capt (Retd) Vijay Krishan Dutta Zila Sainik Kalyan Evam Punarvas Adhikari Mathura - 281 001 (U P)	0565-2505749 (O)
350.	48.	Mau	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mau - 275 101 (U P)	0547-2225816 (O)
351.	49.	Meerut	Lt Col (Retd) Dilip Kr Dass Zila Sainik Kalyan Evam Punarvas Adhikari Meerut - 250 001 (U P)	0121-2644551(O)
352.	50.	Mirzapur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mirzapur – 231 001 (U P)	05442-256372 (O)
353.	51.	Moradabad	Col (Retd) Naresh Kumar Singh Zila Sainik Kalyan Evam Punarvas Adhikari Moradabad - 244 001 (UP)	0591-2412260 (O)
354.	52.	Muzaffarnagar	Maj (Retd) Sanjai Srivastava Zila Sainik Kalyan Evam Punarvas Adhikari Muzaffarnagar - 251 001 (U P)	0131-2437623 (O)
355.	53.	Pilibhit	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari	05882-258882 (O)

			Pilibhit – 262 001 (U P)	
356.	54.	Pratapgarh	Lt. Col Rakesh Kr. Singh Zila Sainik Kalyan Evam Punarvas Adhikari Pratapgarh - 230 001 (U P)	05342-220891 (O)
357.	55.	Rampur	Zila Sainik Kalyan Evam Punarvas Adhikari Rampur- (UP)	0595-2350022 (O)
358.	56.	Raibareilly	Wg Cdr(Retd) SN Diwedi Zila Sainik Kalyan Evam Punarvas Adhikari, Sainik Bhawan Near Collectorate Building Raibareilly - 229 001 (U P)	0535-2203554 (O)
359.	57.	Saharanpur	Gp Capt (Retd) J.S.Chouhan Zila Sainik Kalyan Evam Punarvas Adhikari Saharanpur Pin - 247 001 (U P)	0132-2643629 (O)
360.	58.	Shahjahanpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Shahjahanpur - 242 001 (UP)	05842-223005 (O)
361.	59.	Siddharth Nagar	Zila Sainik Kalyan Evam Punarvas Adhikari, Khajuriya Road Siddharth Nagar-272 207 (UP)	05544-220345 (O)
362.	60.	Sitapur	Col (Retd) Arvind Khare Zila Sainik Kalyan Evam Punarvas Adhikari, Sitapur - 261001 (UP)	05862-242055 (O)
363.	61.	Sonbhadra	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Sonbhadra – 231 216 (U P)	05444-223885 (O)
364.	62.	Sravasti	Zila Sainik Kalyan Evam Punarvas Adhikari Dhavasti Tehsil Compound Post Bhinaga, Sravasti (UP)	05250-222654 (O)
365.	63.	Sultanpur	Sri Shyan Lal Zila Sainik Kalyan Evam Punarvas Adhikari	0536-240416 (O)

			Sultanpur - 228 001 (U P)	
366.	64.	Unnao	SQ. Leader Madhu Mishra Zila Sainik Kalyan Evam Punarvas Adhikari, Unnao – 209801 (U P)	0515-2820544 (O)
367.	65.	Varanasi	Maj (Retd) MA Ansari Zila Sainik Kalyan Evam Punarvas Adhikari Varanasi - 221 001 (U P)	0542-2508254 (O)
368.	66.	Kanshiram Nagar	Vacant	
369.	67.	Sant Kabirdas	Vacant	
370.	68.	Bagpat	Col (Retd) Suresh Kumar Zila Sainik Kalya Adhikari Bagpat	
371.	69.	Auraiya	Vacant	
372.	70.	Lalitpur	Vacant	
373.	71.	Kannoj	Vacant	
<u>WEST BENGAL *</u>				
374.	1.	Behrampore Distt Murshidabad (WB)	Maj (Retd) DR Chatterjee Secretary Zila Sainik Board 7/A, Barrack Square, PO- Behrampore Murshidabad (WB) – 742 101	03482-277459 (O) zsbmurshidabad@yahoo.in
375.	2.	Burdwan	Cdr (Retd) S Biswas NM Secretary Zila Sainik Board, Sainik Bhavan, Barnoilpur Road, PO- Sripally Distt-Burdwan – 713 103	0342-2644782 (O) 03422625703 (O) 09831222277 (M) <u>zsbbdn@yahoo.com</u>
376.	3.	Dakshin Dinajpur + Uttar Dinajpur	Sqn Ldr (Retd) S Chakraborty Secretary Zila Sainik Board, Raghunathpur PO: Beltlala Park West Bengal – 733 103	03522-258175 (O) 03522-258175 (O) 03522-255488 (O) 09433313068 (M) zilasainikboarddd@gmail.com
377.	4.	Darjeeling	Vacant Secretary Zila Sainik Board Sainik Bhavan	0354-2254056 (O) 09434044501 (M) secyzsbdj@dataone.in zsbdarjeeling@gmail.com

			Kutchery Compound Darjeeling – 734 101	
378.	5.	Howrah +Hooghly	Lt Col (Retd) Bidyut Chakraborty Secretary, Zila Sainik Board 5th Floor, New Collectorate Building Howrah Pin – 711 101	033-26414694 (O) 033-26603367 (F) 09339828994 (M) zsbhowrah@yahoo.in
379.	6.	Jalpaiguri +Cooch- Bihar	Capt (Retd) Rama Kant Jaiswal Secretary Zila Sainik Board Collectorate Complex Jalpaiguri Pin - 735101	03561-230848 (O) 09434258405 (M) zsbjal@gmail.com
380.	7.	Kolkata	Wg Cdr (Retd) Bhaskar Ghosh Secretary Zila Sainik Board Sainik Bhavan, 1/4, Acharya Jagdish Bose Road, Kolkata Pin - 700 020	033-22233893 (O) 09874510300 (M) zilasainikboardkolkata@yahoo o.in
381.	8.	Malda	Maj (Retd) KK Chatterjee Secretary Zila Sainik Board, Malda Collectorate Building, PO + Dist – Malda Pin – 732101	03512-223546 (O) 09474893153 (M) zsbmalda@yahoo.in
382.	9.	Midnapore Distt- East Midnapore + West Midnapore + Bankura + Purulia	Vacant Secretary Zila Sainik Board Midnapore Sainik Bhavan, Rabindranagar PO + Dist- Paschim Midnapore Pin – 721101	03222-275874 (O) 0322-275427 (F) 09432267923 (M) <u>zsb.midnapore@yahoo.com</u>
383.	10	Nadia (Krishnagar)	Vacant Zila Sainik Board Krishnagar Administrative Building, PO- Krishnagar Dist- Nadia, Pin- 741101	03472-252287 (O) 03472-253030 (O) zsbnadia@yahoo.com
384.	11	24 Pgs	Vacant	033-25628538 (O)

	.	(North)	Secretary, Zila Sainik Board o/o. Minority Affairs Bhavan West Banamalipur, PO- Barasat Dist-24 Pgs (North), Pin-743 201	09239025107 (M) zsbbarasat@yahoo.in
385.	12	Alipore, 24 Pgs (South)	Vacant Secretary, Zila Sainik Board, New Administrative Building, West Lobby(3rd Floor) PO- Alipore, Kolkata 700 027	033-24790542 (O) 033-24793456 (F) zsbalipore@yahoo.in